

































Sand Shoal Inlet, VA - May 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:01	4.4	10:27	5.7	3:47	-0.8	3:51	-0.7	6:06	7:53	
2	Tue	10:53	4.2	11:19	5.5	4:41	-0.6	4:42	-0.5	6:05	7:54	
3	Wed	11:45	3.9			5:37	-0.4	5:36	-0.3	6:04	7:55	
4	Thu	12:13	5.1	12:40	3.6	6:35	-0.1	6:33	0.0	6:03	7:55	
5	Fri	1:09	4.7	1:39	3.4	7:35	0.1	7:35	0.2	6:02	7:56	
6	Sat	2:09	4.3	2:43	3.3	8:36	0.3	8:38	0.4	6:01	7:57	
7	Sun	3:14	4.0	3:51	3.3	9:35	0.4	9:42	0.5	6:00	7:58	
8	Mon	4:18	3.9	4:52	3.5	10:30	0.4	10:45	0.5	5:59	7:59	
9	Tue	5:14	3.8	5:42	3.7	11:19	0.4	11:41	0.4	5:58	8:00	
10	Wed	6:01	3.8	6:24	4.0			12:01	0.4	5:57	8:01	
11	Thu	6:42	3.8	7:03	4.2	12:30	0.3	12:38	0.3	5:56	8:02	
12	Fri	7:22	3.8	7:41	4.5	1:13	0.2	1:14	0.2	5:55	8:03	
13	Sat	8:01	3.8	8:20	4.6	1:52	0.2	1:50	0.2	5:55	8:03	
14	Sun	8:40	3.8	8:59	4.8	2:30	0.1	2:25	0.2	5:54	8:04	
15	Mon	9:20	3.7	9:38	4.8	3:08	0.1	3:02	0.2	5:53	8:05	
16	Tue	10:00	3.7	10:18	4.8	3:47	0.2	3:40	0.3	5:52	8:06	
17	Wed	10:41	3.6	10:59	4.7	4:27	0.3	4:19	0.4	5:51	8:07	
18	Thu	11:22	3.5	11:42	4.7	5:10	0.4	5:02	0.5	5:51	8:08	
19	Fri			12:06	3.5	5:56	0.5	5:49	0.5	5:50	8:08	
20	Sat	12:27	4.6	12:54	3.4	6:46	0.5	6:42	0.6	5:49	8:09	
21	Sun	1:17	4.5	1:48	3.5	7:38	0.5	7:41	0.6	5:49	8:10	
22	Mon	2:13	4.4	2:48	3.7	8:31	0.4	8:42	0.5	5:48	8:11	
23	Tue	3:13	4.4	3:49	4.0	9:25	0.3	9:46	0.3	5:47	8:12	
24	Wed	4:13	4.4	4:49	4.4	10:19	0.1	10:49	0.1	5:47	8:12	
25	Thu	5:12	4.4	5:45	4.8	11:13	-0.1	11:51	-0.1	5:46	8:13	
26	Fri	6:08	4.4	6:39	5.3			12:06	-0.4	5:46	8:14	
27	Sat	7:02	4.4	7:32	5.6	12:50	-0.4	12:57	-0.6	5:45	8:15	
28	Sun	7:55	4.3	8:24	5.8	1:46	-0.6	1:48	-0.7	5:45	8:15	
29	Mon	8:48	4.2	9:16	5.8	2:40	-0.6	2:38	-0.7	5:44	8:16	
30	Tue	9:40	4.1	10:08	5.7	3:33	-0.6	3:29	-0.6	5:44	8:17	
31	Wed	10:33	4.0	11:00	5.4	4:25	-0.5	4:20	-0.5	5:44	8:17	