
































Sand Shoal Inlet, VA - Jun 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:25	3.8	11:52	5.1	5:19	-0.3	5:14	-0.2	5:43	8:18	
2	Fri			12:18	3.6	6:13	-0.1	6:10	0.0	5:43	8:19	
3	Sat	12:44	4.7	1:14	3.5	7:08	0.1	7:09	0.3	5:43	8:19	
4	Sun	1:38	4.3	2:12	3.4	8:03	0.2	8:09	0.4	5:42	8:20	
5	Mon	2:35	3.9	3:13	3.4	8:54	0.4	9:09	0.6	5:42	8:20	
6	Tue	3:32	3.7	4:11	3.6	9:43	0.4	10:08	0.6	5:42	8:21	
7	Wed	4:27	3.6	5:03	3.8	10:29	0.4	11:05	0.6	5:42	8:22	
8	Thu	5:16	3.5	5:48	4.1	11:12	0.4	11:57	0.5	5:42	8:22	
9	Fri	6:02	3.5	6:30	4.3	11:53	0.4			5:42	8:23	
10	Sat	6:45	3.5	7:11	4.5	12:43	0.5	12:34	0.3	5:42	8:23	
11	Sun	7:27	3.6	7:52	4.7	1:25	0.4	1:14	0.2	5:42	8:24	
12	Mon	8:10	3.6	8:33	4.9	2:05	0.3	1:54	0.2	5:42	8:24	
13	Tue	8:52	3.6	9:14	4.9	2:44	0.2	2:34	0.2	5:42	8:24	
14	Wed	9:34	3.6	9:56	5.0	3:25	0.2	3:14	0.2	5:42	8:25	
15	Thu	10:16	3.6	10:38	5.0	4:06	0.2	3:56	0.2	5:42	8:25	
16	Fri	11:00	3.6	11:21	4.9	4:49	0.3	4:41	0.3	5:42	8:25	
17	Sat	11:45	3.7			5:35	0.3	5:29	0.3	5:42	8:26	
18	Sun	12:06	4.8	12:33	3.7	6:22	0.3	6:23	0.4	5:42	8:26	
19	Mon	12:55	4.6	1:26	3.8	7:12	0.3	7:21	0.4	5:42	8:26	
20	Tue	1:47	4.5	2:24	4.0	8:03	0.2	8:23	0.4	5:42	8:27	
21	Wed	2:45	4.3	3:25	4.3	8:56	0.1	9:27	0.3	5:43	8:27	
22	Thu	3:45	4.1	4:26	4.6	9:50	0.0	10:31	0.2	5:43	8:27	
23	Fri	4:45	4.0	5:24	5.0	10:44	-0.2	11:35	0.0	5:43	8:27	
24	Sat	5:44	4.0	6:20	5.3	11:40	-0.3			5:44	8:27	
25	Sun	6:40	4.0	7:14	5.5	12:36	-0.2	12:34	-0.5	5:44	8:27	
26	Mon	7:35	4.0	8:08	5.6	1:33	-0.3	1:27	-0.6	5:44	8:27	
27	Tue	8:28	4.0	9:00	5.6	2:26	-0.4	2:19	-0.6	5:45	8:27	
28	Wed	9:21	3.9	9:51	5.5	3:17	-0.4	3:10	-0.6	5:45	8:27	
29	Thu	10:12	3.9	10:40	5.2	4:07	-0.4	4:00	-0.4	5:45	8:27	
30	Fri	11:02	3.8	11:28	4.9	4:56	-0.2	4:51	-0.2	5:46	8:27	