

































Sand Shoal Inlet, VA - Aug 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:26	4.2	12:53	3.9	6:35	0.4	6:55	0.6	6:08	8:10	
2	Wed	1:11	3.8	1:43	3.9	7:18	0.5	7:48	0.8	6:09	8:09	
3	Thu	1:59	3.6	2:35	3.9	8:02	0.6	8:42	0.9	6:10	8:08	
4	Fri	2:51	3.4	3:31	4.0	8:49	0.7	9:38	1.0	6:11	8:07	
5	Sat	3:47	3.3	4:26	4.1	9:38	0.7	10:35	1.0	6:11	8:06	
6	Sun	4:42	3.3	5:19	4.3	10:29	0.7	11:30	0.9	6:12	8:05	
7	Mon	5:34	3.4	6:08	4.6	11:20	0.6			6:13	8:04	
8	Tue	6:23	3.6	6:55	4.9	12:20	0.7	12:10	0.4	6:14	8:02	
9	Wed	7:10	3.8	7:40	5.1	1:06	0.5	12:59	0.2	6:15	8:01	
10	Thu	7:56	4.0	8:25	5.3	1:50	0.3	1:45	0.0	6:16	8:00	
11	Fri	8:42	4.2	9:09	5.4	2:33	0.2	2:31	-0.1	6:17	7:59	
12	Sat	9:28	4.4	9:53	5.4	3:15	0.0	3:18	-0.2	6:17	7:58	
13	Sun	10:14	4.6	10:38	5.3	3:58	-0.1	4:06	-0.2	6:18	7:57	
14	Mon	11:02	4.7	11:24	5.0	4:42	-0.1	4:57	-0.1	6:19	7:55	
15	Tue	11:51	4.8			5:28	-0.1	5:52	0.1	6:20	7:54	
16	Wed	12:12	4.7	12:44	4.8	6:17	0.0	6:51	0.2	6:21	7:53	
17	Thu	1:04	4.3	1:40	4.8	7:09	0.1	7:53	0.3	6:22	7:52	
18	Fri	2:01	4.0	2:43	4.8	8:05	0.1	8:58	0.4	6:22	7:50	
19	Sat	3:04	3.7	3:49	4.8	9:03	0.2	10:06	0.5	6:23	7:49	
20	Sun	4:10	3.6	4:54	4.9	10:04	0.1	11:12	0.4	6:24	7:48	
21	Mon	5:14	3.6	5:55	5.0	11:06	0.1			6:25	7:46	
22	Tue	6:13	3.7	6:50	5.1	12:14	0.3	12:05	0.0	6:26	7:45	
23	Wed	7:07	3.9	7:39	5.1	1:08	0.2	1:00	-0.1	6:27	7:44	
24	Thu	7:56	4.0	8:26	5.1	1:55	0.1	1:50	-0.2	6:27	7:42	
25	Fri	8:41	4.2	9:09	5.0	2:37	0.0	2:36	-0.2	6:28	7:41	
26	Sat	9:25	4.3	9:50	4.9	3:16	0.0	3:20	-0.1	6:29	7:39	
27	Sun	10:08	4.4	10:30	4.7	3:54	0.1	4:03	0.0	6:30	7:38	
28	Mon	10:49	4.4	11:10	4.4	4:31	0.2	4:47	0.2	6:31	7:36	
29	Tue	11:31	4.3	11:50	4.1	5:09	0.3	5:31	0.4	6:32	7:35	
30	Wed			12:14	4.3	5:48	0.5	6:18	0.7	6:32	7:34	
31	Thu	12:32	3.8	1:00	4.2	6:30	0.7	7:08	0.9	6:33	7:32	