



















## Sand Shoal Inlet, VA - Sep 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:18	3.6	1:50	4.1	7:14	0.8	8:01	1.0	6:34	7:31	
2	Sat	2:09	3.4	2:45	4.1	8:03	0.9	8:57	1.1	6:35	7:29	
3	Sun	3:05	3.3	3:44	4.2	8:56	0.9	9:54	1.1	6:36	7:28	
4	Mon	4:04	3.4	4:42	4.4	9:51	0.9	10:51	1.0	6:36	7:26	
5	Tue	5:01	3.5	5:35	4.7	10:46	0.7	11:44	0.8	6:37	7:25	
6	Wed	5:53	3.8	6:24	5.0	11:41	0.5			6:38	7:23	
7	Thu	6:42	4.1	7:11	5.2	12:33	0.6	12:33	0.3	6:39	7:22	
8	Fri	7:29	4.4	7:57	5.4	1:18	0.3	1:22	0.0	6:40	7:20	
9	Sat	8:16	4.8	8:42	5.5	2:02	0.1	2:11	-0.2	6:41	7:19	
10	Sun	9:03	5.1	9:28	5.5	2:45	-0.1	3:00	-0.3	6:41	7:17	
11	Mon	9:51	5.3	10:15	5.3	3:28	-0.2	3:50	-0.3	6:42	7:16	
12	Tue	10:39	5.4	11:03	5.0	4:13	-0.2	4:42	-0.2	6:43	7:14	
13	Wed	11:30	5.4	11:52	4.6	5:00	-0.2	5:38	0.0	6:44	7:13	
14	Thu			12:23	5.3	5:50	-0.1	6:37	0.2	6:45	7:11	
15	Fri	12:45	4.2	1:21	5.1	6:45	0.1	7:40	0.4	6:45	7:10	
16	Sat	1:44	3.9	2:24	4.9	7:44	0.2	8:47	0.5	6:46	7:08	
17	Sun	2:49	3.6	3:33	4.8	8:46	0.3	9:55	0.6	6:47	7:06	
18	Mon	4:00	3.5	4:42	4.8	9:51	0.4	11:01	0.5	6:48	7:05	
19	Tue	5:07	3.6	5:43	4.8	10:55	0.3			6:49	7:03	
20	Wed	6:05	3.8	6:36	4.8	12:00	0.4	11:56 AM	0.2	6:50	7:02	
21	Thu	6:54	4.0	7:21	4.8	12:49	0.3	12:49	0.1	6:50	7:00	
22	Fri	7:38	4.3	8:03	4.8	1:31	0.2	1:36	0.1	6:51	6:59	
23	Sat	8:19	4.4	8:42	4.7	2:08	0.2	2:19	0.0	6:52	6:57	
24	Sun	8:59	4.6	9:21	4.6	2:43	0.2	2:59	0.1	6:53	6:56	
25	Mon	9:38	4.7	9:59	4.5	3:17	0.2	3:39	0.2	6:54	6:54	
26	Tue	10:18	4.7	10:38	4.3	3:52	0.3	4:19	0.3	6:55	6:53	
27	Wed	10:58	4.7	11:17	4.0	4:28	0.4	5:01	0.5	6:55	6:51	
28	Thu	11:39	4.6	11:58	3.8	5:05	0.6	5:45	0.7	6:56	6:50	
29	Fri			12:22	4.5	5:46	0.8	6:33	0.9	6:57	6:48	
30	Sat	12:42	3.6	1:09	4.4	6:31	0.9	7:25	1.1	6:58	6:47	