

































## Sand Shoal Inlet, VA - Dec 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:22	3.7	2:44	4.2	8:16	0.5	8:52	0.2	6:59	4:45	
2	Sat	3:22	4.1	3:42	4.2	9:19	0.3	9:45	-0.1	7:00	4:45	
3	Sun	4:19	4.6	4:38	4.3	10:21	0.0	10:38	-0.3	7:01	4:45	
4	Mon	5:13	5.1	5:32	4.3	11:21	-0.2	11:30	-0.6	7:01	4:45	
5	Tue	6:05	5.4	6:25	4.3			12:18	-0.5	7:02	4:45	
6	Wed	6:58	5.7	7:18	4.2	12:21	-0.8	1:12	-0.6	7:03	4:45	
7	Thu	7:50	5.8	8:11	4.1	1:11	-0.9	2:05	-0.7	7:04	4:45	
8	Fri	8:43	5.8	9:04	4.0	2:02	-0.9	2:58	-0.6	7:05	4:45	
9	Sat	9:35	5.6	9:57	3.8	2:53	-0.8	3:51	-0.5	7:06	4:45	
10	Sun	10:28	5.2	10:50	3.6	3:47	-0.6	4:46	-0.3	7:06	4:45	
11	Mon	11:21	4.8	11:46	3.5	4:42	-0.3	5:42	-0.1	7:07	4:45	
12	Tue			12:15	4.4	5:41	-0.1	6:38	0.0	7:08	4:46	
13	Wed	12:45	3.3	1:11	4.0	6:42	0.2	7:33	0.1	7:09	4:46	
14	Thu	1:48	3.3	2:09	3.7	7:45	0.3	8:25	0.2	7:09	4:46	
15	Fri	2:51	3.4	3:07	3.5	8:47	0.4	9:13	0.2	7:10	4:46	
16	Sat	3:48	3.6	3:59	3.3	9:48	0.5	9:59	0.2	7:10	4:47	
17	Sun	4:36	3.8	4:46	3.3	10:43	0.4	10:42	0.2	7:11	4:47	
18	Mon	5:19	4.0	5:30	3.3	11:31	0.3	11:23	0.1	7:12	4:47	
19	Tue	6:00	4.2	6:12	3.3			12:14	0.3	7:12	4:48	
20	Wed	6:40	4.4	6:53	3.4	12:02	0.0	12:53	0.2	7:13	4:48	
21	Thu	7:21	4.6	7:35	3.4	12:42	0.0	1:32	0.1	7:13	4:49	
22	Fri	8:02	4.7	8:16	3.4	1:21	-0.1	2:10	0.1	7:14	4:49	
23	Sat	8:42	4.7	8:58	3.4	2:00	-0.1	2:50	0.1	7:14	4:50	
24	Sun	9:23	4.7	9:39	3.4	2:40	0.0	3:30	0.1	7:15	4:51	
25	Mon	10:04	4.6	10:22	3.4	3:21	0.0	4:13	0.2	7:15	4:51	
26	Tue	10:46	4.5	11:07	3.4	4:06	0.1	4:58	0.2	7:15	4:52	
27	Wed	11:30	4.4	11:57	3.5	4:55	0.2	5:45	0.2	7:16	4:52	
28	Thu			12:19	4.2	5:50	0.2	6:35	0.1	7:16	4:53	
29	Fri	12:52	3.6	1:13	4.0	6:50	0.3	7:26	0.0	7:16	4:54	
30	Sat	1:51	3.8	2:11	3.8	7:52	0.2	8:19	-0.1	7:16	4:55	
31	Sun	2:53	4.1	3:12	3.7	8:57	0.1	9:13	-0.2	7:17	4:55	