US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Jun 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:08	3.5	8:30	4.7	2:08	0.2	1:55	0.1	5:43	8:18	
2	Sat	8:49	3.5	9:10	4.8	2:46	0.2	2:32	0.2	5:43	8:19	
3	Sun	9:30	3.5	9:50	4.8	3:24	0.2	3:10	0.2	5:43	8:19	
4	Mon	10:11	3.5	10:31	4.7	4:02	0.3	3:49	0.3	5:43	8:20	
5	Tue	10:52	3.4	11:13	4.6	4:43	0.4	4:30	0.4	5:42	8:20	
6	Wed	11:34	3.4	11:55	4.5	5:25	0.5	5:13	0.5	5:42	8:21	
7	Thu			12:18	3.4	6:09	0.5	6:01	0.6	5:42	8:21	
8	Fri	12:39	4.4	1:05	3.4	6:55	0.6	6:53	0.7	5:42	8:22	
9	Sat	1:26	4.3	1:57	3.5	7:43	0.6	7:49	0.7	5:42	8:23	
10	Sun	2:18	4.2	2:54	3.7	8:31	0.5	8:48	0.6	5:42	8:23	
11	Mon	3:14	4.1	3:52	4.1	9:21	0.3	9:49	0.5	5:42	8:23	
12	Tue	4:11	4.1	4:48	4.5	10:12	0.2	10:51	0.3	5:42	8:24	
13	Wed	5:08	4.1	5:43	5.0	11:04	0.0	11:52	0.0	5:42	8:24	
14	Thu	6:03	4.1	6:36	5.4	11:57	-0.3			5:42	8:25	
15	Fri	6:57	4.1	7:29	5.7	12:50	-0.2	12:50	-0.5	5:42	8:25	
16	Sat	7:51	4.1	8:23	5.9	1:46	-0.4	1:42	-0.6	5:42	8:25	
17	Sun	8:45	4.1	9:16	5.9	2:40	-0.5	2:35	-0.7	5:42	8:26	
18	Mon	9:40	4.1	10:10	5.8	3:33	-0.5	3:28	-0.7	5:42	8:26	
19	Tue	10:34	4.0	11:04	5.5	4:27	-0.5	4:22	-0.5	5:42	8:26	
20	Wed	11:29	3.9	11:57	5.2	5:21	-0.4	5:19	-0.3	5:42	8:26	
21	Thu			12:24	3.8	6:16	-0.2	6:18	-0.1	5:43	8:27	
22	Fri	12:51	4.8	1:22	3.7	7:11	-0.1	7:19	0.1	5:43	8:27	
23	Sat	1:46	4.3	2:23	3.7	8:05	0.1	8:22	0.3	5:43	8:27	
24	Sun	2:43	3.9	3:25	3.8	8:57	0.2	9:25	0.5	5:43	8:27	
25	Mon	3:41	3.6	4:24	3.9	9:46	0.3	10:28	0.5	5:44	8:27	
26	Tue	4:36	3.4	5:16	4.1	10:33	0.3	11:27	0.5	5:44	8:27	
27	Wed	5:27	3.3	6:01	4.3	11:18	0.3			5:45	8:27	
28	Thu	6:13	3.3	6:43	4.4	12:20	0.5	12:02	0.3	5:45	8:27	
29	Fri	6:57	3.3	7:24	4.6	1:05	0.4	12:44	0.3	5:45	8:27	
30	Sat	7:39	3.4	8:06	4.7	1:45	0.4	1:25	0.2	5:46	8:27	