US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Aug 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:19	3.8	9:44	5.0	3:11	0.3	3:04	0.2	6:08	8:10	
2	Thu	10:01	4.0	10:24	5.0	3:49	0.3	3:45	0.2	6:09	8:09	
3	Fri	10:43	4.1	11:03	4.8	4:27	0.3	4:29	0.2	6:10	8:08	
4	Sat	11:25	4.2	11:44	4.7	5:07	0.3	5:16	0.3	6:10	8:07	
5	Sun			12:10	4.3	5:49	0.3	6:07	0.4	6:11	8:06	
6	Mon	12:28	4.4	12:59	4.4	6:34	0.3	7:03	0.5	6:12	8:05	
7	Tue	1:16	4.2	1:53	4.5	7:23	0.3	8:03	0.5	6:13	8:04	
8	Wed	2:11	3.9	2:54	4.7	8:16	0.3	9:07	0.5	6:14	8:03	
9	Thu	3:13	3.7	3:57	4.9	9:12	0.2	10:12	0.5	6:15	8:02	
10	Fri	4:18	3.6	5:01	5.1	10:12	0.1	11:18	0.3	6:15	8:00	
11	Sat	5:21	3.7	6:01	5.3	11:14	-0.1			6:16	7:59	
12	Sun	6:21	3.8	6:59	5.5	12:20	0.1	12:14	-0.3	6:17	7:58	
13	Mon	7:18	4.0	7:53	5.6	1:17	0.0	1:12	-0.4	6:18	7:57	
14	Tue	8:12	4.2	8:45	5.6	2:09	-0.2	2:06	-0.5	6:19	7:56	
15	Wed	9:04	4.4	9:34	5.4	2:56	-0.3	2:58	-0.5	6:20	7:54	
16	Thu	9:54	4.5	10:21	5.2	3:42	-0.3	3:48	-0.4	6:21	7:53	
17	Fri	10:42	4.5	11:06	4.9	4:27	-0.2	4:39	-0.2	6:21	7:52	
18	Sat	11:30	4.5	11:51	4.5	5:11	-0.1	5:30	0.0	6:22	7:51	
19	Sun			12:17	4.4	5:55	0.1	6:22	0.3	6:23	7:49	
20	Mon	12:36	4.0	1:05	4.3	6:40	0.3	7:17	0.6	6:24	7:48	
21	Tue	1:23	3.7	1:57	4.1	7:26	0.5	8:13	0.8	6:25	7:47	
22	Wed	2:15	3.4	2:53	4.1	8:14	0.7	9:11	0.9	6:26	7:45	
23	Thu	3:11	3.2	3:52	4.1	9:05	0.8	10:11	1.0	6:26	7:44	
24	Fri	4:10	3.2	4:50	4.2	9:58	0.8	11:08	1.0	6:27	7:42	
25	Sat	5:07	3.2	5:43	4.4	10:51	0.8	11:59	0.9	6:28	7:41	
26	Sun	5:57	3.4	6:30	4.6	11:43	0.6			6:29	7:40	
27	Mon	6:43	3.6	7:13	4.8	12:43	0.8	12:31	0.5	6:30	7:38	
28	Tue	7:27	3.9	7:55	5.0	1:23	0.6	1:16	0.3	6:31	7:37	
29	Wed	8:09	4.1	8:36	5.1	2:01	0.5	1:59	0.2	6:31	7:35	
30	Thu	8:51	4.4	9:16	5.1	2:38	0.3	2:42	0.1	6:32	7:34	
31	Fri	9:33	4.6	9:56	5.1	3:16	0.2	3:25	0.1	6:33	7:33	