

































## Sand Shoal Inlet, VA - Oct 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:36	5.5	10:57	4.6	4:04	0.0	4:42	0.0	6:59	6:45	
2	Tue	11:24	5.5	11:45	4.3	4:49	0.1	5:35	0.2	7:00	6:44	
3	Wed			12:16	5.4	5:38	0.2	6:34	0.4	7:00	6:42	
4	Thu	12:38	4.0	1:13	5.2	6:34	0.3	7:36	0.5	7:01	6:41	
5	Fri	1:37	3.7	2:17	5.0	7:35	0.4	8:42	0.6	7:02	6:39	
6	Sat	2:45	3.6	3:26	4.9	8:40	0.4	9:49	0.6	7:03	6:38	
7	Sun	3:57	3.6	4:35	4.9	9:47	0.4	10:53	0.5	7:04	6:37	
8	Mon	5:04	3.8	5:37	4.9	10:54	0.3	11:50	0.3	7:05	6:35	
9	Tue	6:02	4.1	6:30	4.9	11:56	0.1			7:06	6:34	
10	Wed	6:53	4.4	7:18	4.9	12:39	0.1	12:52	0.0	7:07	6:32	
11	Thu	7:39	4.7	8:02	4.8	1:23	0.0	1:42	-0.1	7:08	6:31	
12	Fri	8:23	4.9	8:44	4.6	2:03	-0.1	2:28	-0.1	7:08	6:29	
13	Sat	9:05	5.0	9:25	4.4	2:41	0.0	3:11	0.0	7:09	6:28	
14	Sun	9:46	5.0	10:05	4.2	3:18	0.0	3:53	0.1	7:10	6:27	
15	Mon	10:26	5.0	10:46	4.0	3:55	0.2	4:36	0.3	7:11	6:25	
16	Tue	11:08	4.8	11:28	3.7	4:33	0.4	5:20	0.5	7:12	6:24	
17	Wed	11:51	4.6			5:14	0.6	6:07	0.7	7:13	6:23	
18	Thu	12:12	3.5	12:38	4.4	5:58	0.8	6:57	0.9	7:14	6:21	
19	Fri	12:59	3.3	1:29	4.3	6:48	0.9	7:51	1.1	7:15	6:20	
20	Sat	1:53	3.2	2:25	4.2	7:42	1.0	8:45	1.1	7:16	6:19	
21	Sun	2:53	3.2	3:25	4.2	8:39	1.0	9:39	1.1	7:17	6:17	
22	Mon	3:53	3.4	4:22	4.3	9:37	1.0	10:30	0.9	7:18	6:16	
23	Tue	4:49	3.7	5:14	4.4	10:34	0.8	11:18	0.7	7:19	6:15	
24	Wed	5:39	4.0	6:01	4.6	11:29	0.6			7:20	6:14	
25	Thu	6:25	4.5	6:46	4.7	12:02	0.5	12:20	0.4	7:21	6:12	
26	Fri	7:09	4.9	7:30	4.8	12:45	0.2	1:10	0.1	7:22	6:11	
27	Sat	7:54	5.3	8:15	4.8	1:27	0.0	1:58	-0.1	7:23	6:10	
28	Sun	8:40	5.6	9:01	4.7	2:09	-0.2	2:46	-0.2	7:24	6:09	
29	Mon	9:27	5.8	9:48	4.6	2:53	-0.3	3:36	-0.2	7:25	6:08	
30	Tue	10:15	5.8	10:37	4.3	3:38	-0.3	4:27	-0.2	7:26	6:07	
31	Wed	11:06	5.7	11:29	4.1	4:26	-0.2	5:22	0.0	7:27	6:05	