
































Sand Shoal Inlet, VA - Nov 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:00	5.5	5:19	-0.1	6:21	0.1	7:28	6:04	
2	Fri	12:24	3.8	12:58	5.2	6:17	0.1	7:24	0.3	7:29	6:03	
3	Sat	1:25	3.6	2:02	4.9	7:21	0.3	8:28	0.4	7:30	6:02	
4	Sun	1:34	3.5	2:10	4.6	7:28	0.3	8:32	0.4	6:31	5:01	
5	Mon	2:46	3.6	3:17	4.5	8:36	0.4	9:31	0.3	6:32	5:00	
6	Tue	3:53	3.8	4:17	4.4	9:43	0.3	10:25	0.2	6:33	4:59	
7	Wed	4:50	4.1	5:09	4.3	10:45	0.2	11:12	0.1	6:34	4:59	
8	Thu	5:37	4.4	5:54	4.2	11:40	0.1	11:54	0.0	6:35	4:58	
9	Fri	6:20	4.6	6:36	4.1			12:28	0.0	6:36	4:57	
10	Sat	7:00	4.8	7:17	4.0	12:32	0.0	1:11	0.0	6:37	4:56	
11	Sun	7:40	4.9	7:57	3.9	1:09	0.0	1:52	0.0	6:38	4:55	
12	Mon	8:19	4.9	8:37	3.8	1:46	0.0	2:31	0.1	6:39	4:54	
13	Tue	8:59	4.9	9:18	3.6	2:22	0.1	3:11	0.2	6:40	4:54	
14	Wed	9:41	4.8	9:59	3.5	3:00	0.3	3:53	0.4	6:41	4:53	
15	Thu	10:23	4.6	10:42	3.3	3:40	0.4	4:37	0.6	6:42	4:52	
16	Fri	11:07	4.4	11:28	3.2	4:24	0.6	5:24	0.7	6:44	4:51	
17	Sat	11:54	4.3			5:12	0.7	6:13	0.8	6:45	4:51	
18	Sun	12:18	3.1	12:45	4.1	6:04	0.8	7:04	0.9	6:46	4:50	
19	Mon	1:13	3.2	1:39	4.1	7:01	0.9	7:54	0.8	6:47	4:50	
20	Tue	2:12	3.3	2:35	4.1	7:59	0.8	8:43	0.7	6:48	4:49	
21	Wed	3:09	3.6	3:29	4.1	8:57	0.7	9:32	0.5	6:49	4:49	
22	Thu	4:02	4.1	4:20	4.2	9:55	0.5	10:19	0.2	6:50	4:48	
23	Fri	4:51	4.5	5:10	4.3	10:51	0.2	11:06	-0.1	6:51	4:48	
24	Sat	5:40	5.0	5:58	4.4	11:46	0.0	11:53	-0.3	6:52	4:47	
25	Sun	6:28	5.4	6:47	4.4			12:38	-0.3	6:53	4:47	
26	Mon	7:17	5.7	7:37	4.3	12:40	-0.5	1:29	-0.4	6:54	4:46	
27	Tue	8:07	5.9	8:28	4.2	1:28	-0.6	2:21	-0.5	6:55	4:46	
28	Wed	8:59	5.9	9:20	4.1	2:17	-0.7	3:13	-0.4	6:56	4:46	
29	Thu	9:52	5.7	10:14	3.9	3:08	-0.6	4:09	-0.3	6:57	4:46	
30	Fri	10:46	5.4	11:10	3.7	4:03	-0.4	5:06	-0.2	6:58	4:45	