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Sand Shoal Inlet, VA - Aug 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**5:38**	3.7	**6:17**	5.4	**11:29**	0.0			6:08	8:10	
2	Fri	**6:36**	3.9	**7:13**	5.7	**12:35**	0.2	**12:28**	-0.3	6:09	8:09	
3	Sat	**7:32**	4.1	**8:08**	5.8	**1:31**	-0.1	**1:25**	-0.5	6:09	8:08	
4	Sun	**8:27**	4.3	**9:01**	5.9	**2:23**	-0.3	**2:20**	-0.6	6:10	8:07	
5	Mon	**9:22**	4.4	**9:53**	5.7	**3:13**	-0.4	**3:14**	-0.7	6:11	8:06	
6	Tue	**10:15**	4.6	**10:44**	5.5	**4:02**	-0.4	**4:09**	-0.6	6:12	8:05	
7	Wed	**11:08**	4.6	**11:33**	5.1	**4:51**	-0.4	**5:04**	-0.4	6:13	8:04	
8	Thu			**12:00**	4.6	**5:40**	-0.3	**6:02**	-0.1	6:14	8:03	
9	Fri	**12:23**	4.6	**12:54**	4.5	**6:30**	-0.1	**7:02**	0.2	6:14	8:02	
10	Sat	**1:14**	4.1	**1:50**	4.4	**7:20**	0.1	**8:04**	0.4	6:15	8:01	
11	Sun	**2:08**	3.6	**2:50**	4.3	**8:11**	0.3	**9:08**	0.6	6:16	8:00	
12	Mon	**3:07**	3.3	**3:52**	4.3	**9:04**	0.4	**10:14**	0.7	6:17	7:58	
13	Tue	**4:08**	3.1	**4:52**	4.3	**9:58**	0.5	**11:18**	0.8	6:18	7:57	
14	Wed	**5:07**	3.1	**5:46**	4.4	**10:53**	0.6			6:19	7:56	
15	Thu	**5:59**	3.2	**6:34**	4.5	**12:14**	0.7	**11:45 AM**	0.5	6:19	7:55	
16	Fri	**6:45**	3.3	**7:17**	4.6	**12:59**	0.7	**12:33**	0.4	6:20	7:53	
17	Sat	**7:27**	3.5	**7:57**	4.7	**1:36**	0.6	**1:17**	0.3	6:21	7:52	
18	Sun	**8:08**	3.7	**8:37**	4.8	**2:11**	0.5	**1:58**	0.2	6:22	7:51	
19	Mon	**8:49**	3.9	**9:15**	4.9	**2:44**	0.5	**2:37**	0.2	6:23	7:50	
20	Tue	**9:29**	4.1	**9:52**	4.8	**3:18**	0.4	**3:16**	0.2	6:24	7:48	
21	Wed	**10:08**	4.2	**10:29**	4.7	**3:52**	0.4	**3:56**	0.3	6:25	7:47	
22	Thu	**10:47**	4.3	**11:06**	4.5	**4:27**	0.4	**4:38**	0.4	6:25	7:46	
23	Fri	**11:27**	4.4	**11:45**	4.3	**5:03**	0.5	**5:22**	0.5	6:26	7:44	
24	Sat			**12:09**	4.4	**5:42**	0.5	**6:11**	0.6	6:27	7:43	
25	Sun	**12:25**	4.1	**12:55**	4.5	**6:24**	0.6	**7:05**	0.7	6:28	7:41	
26	Mon	**1:12**	3.8	**1:48**	4.6	**7:12**	0.6	**8:04**	0.8	6:29	7:40	
27	Tue	**2:07**	3.6	**2:49**	4.7	**8:06**	0.6	**9:07**	0.8	6:29	7:39	
28	Wed	**3:10**	3.5	**3:55**	4.9	**9:05**	0.5	**10:12**	0.7	6:30	7:37	
29	Thu	**4:17**	3.6	**4:59**	5.1	**10:08**	0.3	**11:17**	0.5	6:31	7:36	
30	Fri	**5:21**	3.8	**6:00**	5.4	**11:12**	0.1			6:32	7:34	
31	Sat	**6:20**	4.0	**6:57**	5.6	**12:17**	0.3	**12:14**	-0.2	6:33	7:33	