US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Jan 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**9:32**	4.4	**9:45**	3.1	**2:48**	-0.2	**3:43**	0.2	7:17	4:56	
2	Thu	**10:13**	4.3	**10:27**	3.1	**3:29**	0.0	**4:23**	0.3	7:17	4:57	
3	Fri	**10:53**	4.1	**11:11**	3.1	**4:12**	0.1	**5:03**	0.3	7:17	4:57	
4	Sat	**11:34**	3.9	**11:56**	3.1	**4:58**	0.3	**5:45**	0.4	7:17	4:58	
5	Sun			**12:17**	3.6	**5:48**	0.4	**6:27**	0.4	7:17	4:59	
6	Mon	**12:45**	3.2	**1:04**	3.4	**6:41**	0.6	**7:10**	0.4	7:17	5:00	
7	Tue	**1:39**	3.4	**1:55**	3.3	**7:37**	0.6	**7:56**	0.4	7:17	5:01	
8	Wed	**2:34**	3.6	**2:50**	3.2	**8:35**	0.6	**8:45**	0.3	7:17	5:02	
9	Thu	**3:30**	3.9	**3:46**	3.2	**9:36**	0.5	**9:37**	0.1	7:17	5:03	
10	Fri	**4:25**	4.3	**4:41**	3.2	**10:35**	0.3	**10:31**	-0.1	7:17	5:04	
11	Sat	**5:18**	4.7	**5:34**	3.3	**11:33**	0.0	**11:25**	-0.4	7:16	5:05	
12	Sun	**6:10**	5.0	**6:27**	3.5			**12:27**	-0.2	7:16	5:06	
13	Mon	**7:03**	5.3	**7:19**	3.6	**12:18**	-0.6	**1:18**	-0.4	7:16	5:07	
14	Tue	**7:55**	5.5	**8:12**	3.8	**1:10**	-0.8	**2:08**	-0.5	7:16	5:08	
15	Wed	**8:47**	5.5	**9:05**	3.9	**2:02**	-0.9	**2:58**	-0.6	7:15	5:09	
16	Thu	**9:37**	5.3	**9:58**	3.9	**2:55**	-1.0	**3:48**	-0.6	7:15	5:10	
17	Fri	**10:28**	5.1	**10:51**	4.0	**3:50**	-0.8	**4:39**	-0.6	7:15	5:11	
18	Sat	**11:18**	4.6	**11:47**	3.9	**4:47**	-0.6	**5:30**	-0.5	7:14	5:12	
19	Sun			**12:10**	4.1	**5:48**	-0.4	**6:22**	-0.4	7:14	5:13	
20	Mon	**12:45**	3.9	**1:05**	3.6	**6:51**	-0.1	**7:14**	-0.3	7:13	5:14	
21	Tue	**1:47**	3.9	**2:05**	3.2	**7:57**	0.1	**8:08**	-0.2	7:13	5:15	
22	Wed	**2:52**	3.9	**3:07**	2.9	**9:05**	0.2	**9:03**	-0.1	7:12	5:16	
23	Thu	**3:55**	3.9	**4:08**	2.8	**10:13**	0.2	**9:58**	-0.1	7:12	5:17	
24	Fri	**4:52**	4.0	**5:03**	2.8	**11:16**	0.2	**10:52**	-0.1	7:11	5:18	
25	Sat	**5:43**	4.1	**5:51**	2.8			**12:08**	0.2	7:10	5:19	
26	Sun	**6:29**	4.2	**6:36**	2.9			**12:51**	0.1	7:10	5:20	
27	Mon	**7:11**	4.3	**7:18**	3.0	**12:27**	-0.2	**1:28**	0.1	7:09	5:22	
28	Tue	**7:52**	4.3	**7:59**	3.2	**1:09**	-0.3	**2:03**	0.0	7:08	5:23	
29	Wed	**8:31**	4.4	**8:39**	3.3	**1:48**	-0.3	**2:38**	0.0	7:08	5:24	
30	Thu	**9:09**	4.3	**9:19**	3.4	**2:27**	-0.3	**3:12**	0.1	7:07	5:25	
31	Fri	**9:46**	4.2	**9:59**	3.4	**3:06**	-0.2	**3:47**	0.1	7:06	5:26	