

































Sand Shoal Inlet, VA - Jan 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:32	4.4	9:45	3.1	2:48	-0.2	3:43	0.2	7:17	4:56	
2	Thu	10:13	4.3	10:27	3.1	3:29	0.0	4:23	0.3	7:17	4:57	
3	Fri	10:53	4.1	11:11	3.1	4:12	0.1	5:03	0.3	7:17	4:57	
4	Sat	11:34	3.9	11:56	3.1	4:58	0.3	5:45	0.4	7:17	4:58	
5	Sun			12:17	3.6	5:48	0.4	6:27	0.4	7:17	4:59	
6	Mon	12:45	3.2	1:04	3.4	6:41	0.6	7:10	0.4	7:17	5:00	
7	Tue	1:39	3.4	1:55	3.3	7:37	0.6	7:56	0.4	7:17	5:01	
8	Wed	2:34	3.6	2:50	3.2	8:35	0.6	8:45	0.3	7:17	5:02	
9	Thu	3:30	3.9	3:46	3.2	9:36	0.5	9:37	0.1	7:17	5:03	
10	Fri	4:25	4.3	4:41	3.2	10:35	0.3	10:31	-0.1	7:17	5:04	
11	Sat	5:18	4.7	5:34	3.3	11:33	0.0	11:25	-0.4	7:16	5:05	
12	Sun	6:10	5.0	6:27	3.5			12:27	-0.2	7:16	5:06	
13	Mon	7:03	5.3	7:19	3.6	12:18	-0.6	1:18	-0.4	7:16	5:07	
14	Tue	7:55	5.5	8:12	3.8	1:10	-0.8	2:08	-0.5	7:16	5:08	
15	Wed	8:47	5.5	9:05	3.9	2:02	-0.9	2:58	-0.6	7:15	5:09	
16	Thu	9:37	5.3	9:58	3.9	2:55	-1.0	3:48	-0.6	7:15	5:10	
17	Fri	10:28	5.1	10:51	4.0	3:50	-0.8	4:39	-0.6	7:15	5:11	
18	Sat	11:18	4.6	11:47	3.9	4:47	-0.6	5:30	-0.5	7:14	5:12	
19	Sun			12:10	4.1	5:48	-0.4	6:22	-0.4	7:14	5:13	
20	Mon	12:45	3.9	1:05	3.6	6:51	-0.1	7:14	-0.3	7:13	5:14	
21	Tue	1:47	3.9	2:05	3.2	7:57	0.1	8:08	-0.2	7:13	5:15	
22	Wed	2:52	3.9	3:07	2.9	9:05	0.2	9:03	-0.1	7:12	5:16	
23	Thu	3:55	3.9	4:08	2.8	10:13	0.2	9:58	-0.1	7:12	5:17	
24	Fri	4:52	4.0	5:03	2.8	11:16	0.2	10:52	-0.1	7:11	5:18	
25	Sat	5:43	4.1	5:51	2.8			12:08	0.2	7:10	5:19	
26	Sun	6:29	4.2	6:36	2.9			12:51	0.1	7:10	5:20	
27	Mon	7:11	4.3	7:18	3.0	12:27	-0.2	1:28	0.1	7:09	5:22	
28	Tue	7:52	4.3	7:59	3.2	1:09	-0.3	2:03	0.0	7:08	5:23	
29	Wed	8:31	4.4	8:39	3.3	1:48	-0.3	2:38	0.0	7:08	5:24	
30	Thu	9:09	4.3	9:19	3.4	2:27	-0.3	3:12	0.1	7:07	5:25	
31	Fri	9:46	4.2	9:59	3.4	3:06	-0.2	3:47	0.1	7:06	5:26	