US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Mar 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**9:17**	4.2	**9:30**	3.9	**2:44**	-0.2	**3:10**	0.1	6:33	5:56	
2	Sun	**9:52**	4.0	**10:08**	4.0	**3:23**	-0.1	**3:44**	0.1	6:32	5:57	
3	Mon	**10:28**	3.8	**10:46**	4.0	**4:05**	0.1	**4:19**	0.2	6:30	5:58	
4	Tue	**11:06**	3.6	**11:29**	4.0	**4:49**	0.2	**4:58**	0.3	6:29	5:59	
5	Wed	**11:48**	3.3			**5:38**	0.4	**5:43**	0.3	6:28	6:00	
6	Thu	**12:17**	4.1	**12:37**	3.1	**6:33**	0.5	**6:34**	0.4	6:26	6:01	
7	Fri	**1:14**	4.1	**1:36**	3.0	**7:34**	0.5	**7:33**	0.3	6:25	6:02	
8	Sat	**2:20**	4.2	**2:43**	3.0	**8:38**	0.5	**8:36**	0.2	6:23	6:03	
9	Sun	**4:28**	4.4	**4:50**	3.2	**10:44**	0.4	**10:42**	0.0	7:22	7:04	
10	Mon	**5:32**	4.6	**5:52**	3.5	**11:47**	0.1	**11:46**	-0.3	7:20	7:05	
11	Tue	**6:31**	4.9	**6:49**	3.9			**12:43**	-0.1	7:19	7:06	
12	Wed	**7:26**	5.1	**7:44**	4.3	**12:46**	-0.6	**1:34**	-0.4	7:17	7:07	
13	Thu	**8:17**	5.2	**8:36**	4.6	**1:43**	-0.9	**2:22**	-0.6	7:16	7:08	
14	Fri	**9:07**	5.1	**9:27**	4.9	**2:36**	-1.0	**3:07**	-0.8	7:15	7:09	
15	Sat	**9:55**	4.9	**10:16**	5.0	**3:29**	-1.0	**3:52**	-0.8	7:13	7:10	
16	Sun	**10:42**	4.5	**11:05**	4.9	**4:21**	-0.9	**4:37**	-0.7	7:12	7:11	
17	Mon	**11:29**	4.1	**11:54**	4.8	**5:14**	-0.6	**5:24**	-0.5	7:10	7:12	
18	Tue			**12:17**	3.7	**6:08**	-0.3	**6:12**	-0.2	7:09	7:13	
19	Wed	**12:45**	4.5	**1:07**	3.3	**7:06**	0.0	**7:04**	0.1	7:07	7:13	
20	Thu	**1:41**	4.2	**2:03**	2.9	**8:07**	0.3	**8:01**	0.3	7:06	7:14	
21	Fri	**2:43**	3.9	**3:06**	2.7	**9:11**	0.5	**9:01**	0.4	7:04	7:15	
22	Sat	**3:52**	3.7	**4:14**	2.7	**10:19**	0.7	**10:03**	0.5	7:03	7:16	
23	Sun	**4:59**	3.7	**5:15**	2.9	**11:22**	0.7	**11:04**	0.4	7:01	7:17	
24	Mon	**5:55**	3.8	**6:05**	3.1			**12:12**	0.6	7:00	7:18	
25	Tue	**6:40**	3.9	**6:48**	3.4			**12:50**	0.5	6:58	7:19	
26	Wed	**7:19**	4.1	**7:28**	3.7	**12:45**	0.2	**1:23**	0.4	6:57	7:20	
27	Thu	**7:56**	4.2	**8:07**	3.9	**1:26**	0.0	**1:55**	0.3	6:55	7:21	
28	Fri	**8:33**	4.2	**8:45**	4.2	**2:05**	0.0	**2:27**	0.2	6:54	7:22	
29	Sat	**9:10**	4.2	**9:23**	4.4	**2:44**	-0.1	**2:59**	0.1	6:52	7:23	
30	Sun	**9:46**	4.1	**10:01**	4.5	**3:22**	-0.1	**3:33**	0.1	6:51	7:23	
31	Mon	**10:23**	4.0	**10:39**	4.6	**4:02**	0.0	**4:08**	0.2	6:49	7:24	