



Sand Shoal Inlet, VA - Mar 2059

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 9:17 | 4.2 | 9:30 | 3.9 | 2:44 | -0.2 | 3:10 | 0.1 | 6:33 | 5:56 | ☉ |
| 2 | Sun | 9:52 | 4.0 | 10:08 | 4.0 | 3:23 | -0.1 | 3:44 | 0.1 | 6:32 | 5:57 | ☉ |
| 3 | Mon | 10:28 | 3.8 | 10:46 | 4.0 | 4:05 | 0.1 | 4:19 | 0.2 | 6:30 | 5:58 | ☾ |
| 4 | Tue | 11:06 | 3.6 | 11:29 | 4.0 | 4:49 | 0.2 | 4:58 | 0.3 | 6:29 | 5:59 | ☾ |
| 5 | Wed | 11:48 | 3.3 | | | 5:38 | 0.4 | 5:43 | 0.3 | 6:28 | 6:00 | ☾ |
| 6 | Thu | 12:17 | 4.1 | 12:37 | 3.1 | 6:33 | 0.5 | 6:34 | 0.4 | 6:26 | 6:01 | ☾ |
| 7 | Fri | 1:14 | 4.1 | 1:36 | 3.0 | 7:34 | 0.5 | 7:33 | 0.3 | 6:25 | 6:02 | ☾ |
| 8 | Sat | 2:20 | 4.2 | 2:43 | 3.0 | 8:38 | 0.5 | 8:36 | 0.2 | 6:23 | 6:03 | ☾ |
| 9 | Sun | 4:28 | 4.4 | 4:50 | 3.2 | 10:44 | 0.4 | 10:42 | 0.0 | 7:22 | 7:04 | ☾ |
| 10 | Mon | 5:32 | 4.6 | 5:52 | 3.5 | 11:47 | 0.1 | 11:46 | -0.3 | 7:20 | 7:05 | ☾ |
| 11 | Tue | 6:31 | 4.9 | 6:49 | 3.9 | | | 12:43 | -0.1 | 7:19 | 7:06 | ☾ |
| 12 | Wed | 7:26 | 5.1 | 7:44 | 4.3 | 12:46 | -0.6 | 1:34 | -0.4 | 7:17 | 7:07 | ☾ |
| 13 | Thu | 8:17 | 5.2 | 8:36 | 4.6 | 1:43 | -0.9 | 2:22 | -0.6 | 7:16 | 7:08 | ☾ |
| 14 | Fri | 9:07 | 5.1 | 9:27 | 4.9 | 2:36 | -1.0 | 3:07 | -0.8 | 7:15 | 7:09 | ☾ |
| 15 | Sat | 9:55 | 4.9 | 10:16 | 5.0 | 3:29 | -1.0 | 3:52 | -0.8 | 7:13 | 7:10 | ☾ |
| 16 | Sun | 10:42 | 4.5 | 11:05 | 4.9 | 4:21 | -0.9 | 4:37 | -0.7 | 7:12 | 7:11 | ☾ |
| 17 | Mon | 11:29 | 4.1 | 11:54 | 4.8 | 5:14 | -0.6 | 5:24 | -0.5 | 7:10 | 7:12 | ☾ |
| 18 | Tue | | | 12:17 | 3.7 | 6:08 | -0.3 | 6:12 | -0.2 | 7:09 | 7:13 | ☾ |
| 19 | Wed | 12:45 | 4.5 | 1:07 | 3.3 | 7:06 | 0.0 | 7:04 | 0.1 | 7:07 | 7:13 | ☾ |
| 20 | Thu | 1:41 | 4.2 | 2:03 | 2.9 | 8:07 | 0.3 | 8:01 | 0.3 | 7:06 | 7:14 | ☾ |
| 21 | Fri | 2:43 | 3.9 | 3:06 | 2.7 | 9:11 | 0.5 | 9:01 | 0.4 | 7:04 | 7:15 | ☾ |
| 22 | Sat | 3:52 | 3.7 | 4:14 | 2.7 | 10:19 | 0.7 | 10:03 | 0.5 | 7:03 | 7:16 | ☾ |
| 23 | Sun | 4:59 | 3.7 | 5:15 | 2.9 | 11:22 | 0.7 | 11:04 | 0.4 | 7:01 | 7:17 | ☾ |
| 24 | Mon | 5:55 | 3.8 | 6:05 | 3.1 | | | 12:12 | 0.6 | 7:00 | 7:18 | ☾ |
| 25 | Tue | 6:40 | 3.9 | 6:48 | 3.4 | | | 12:50 | 0.5 | 6:58 | 7:19 | ☉ |
| 26 | Wed | 7:19 | 4.1 | 7:28 | 3.7 | 12:45 | 0.2 | 1:23 | 0.4 | 6:57 | 7:20 | ☉ |
| 27 | Thu | 7:56 | 4.2 | 8:07 | 3.9 | 1:26 | 0.0 | 1:55 | 0.3 | 6:55 | 7:21 | ☉ |
| 28 | Fri | 8:33 | 4.2 | 8:45 | 4.2 | 2:05 | 0.0 | 2:27 | 0.2 | 6:54 | 7:22 | ☉ |
| 29 | Sat | 9:10 | 4.2 | 9:23 | 4.4 | 2:44 | -0.1 | 2:59 | 0.1 | 6:52 | 7:23 | ☉ |
| 30 | Sun | 9:46 | 4.1 | 10:01 | 4.5 | 3:22 | -0.1 | 3:33 | 0.1 | 6:51 | 7:23 | ☉ |
| 31 | Mon | 10:23 | 4.0 | 10:39 | 4.6 | 4:02 | 0.0 | 4:08 | 0.2 | 6:49 | 7:24 | ☉ |