US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - May 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**11:21**	3.6	**11:45**	4.9	**5:13**	0.2	**5:04**	0.3	6:07	7:52	
2	Fri			**12:09**	3.5	**6:05**	0.3	**5:56**	0.3	6:06	7:53	
3	Sat	**12:37**	4.8	**1:03**	3.4	**7:01**	0.4	**6:55**	0.4	6:05	7:54	
4	Sun	**1:35**	4.7	**2:05**	3.4	**8:01**	0.4	**7:59**	0.4	6:04	7:55	
5	Mon	**2:39**	4.5	**3:12**	3.5	**9:01**	0.4	**9:06**	0.3	6:03	7:56	
6	Tue	**3:45**	4.5	**4:19**	3.8	**9:59**	0.2	**10:14**	0.2	6:02	7:57	
7	Wed	**4:48**	4.4	**5:20**	4.2	**10:55**	0.1	**11:19**	0.0	6:01	7:58	
8	Thu	**5:45**	4.4	**6:15**	4.6	**11:48**	-0.1			6:00	7:58	
9	Fri	**6:39**	4.4	**7:06**	5.0	**12:21**	-0.2	**12:37**	-0.3	5:59	7:59	
10	Sat	**7:29**	4.3	**7:55**	5.3	**1:17**	-0.4	**1:24**	-0.4	5:58	8:00	
11	Sun	**8:18**	4.1	**8:43**	5.4	**2:10**	-0.5	**2:09**	-0.5	5:57	8:01	
12	Mon	**9:06**	4.0	**9:30**	5.4	**2:59**	-0.5	**2:53**	-0.4	5:56	8:02	
13	Tue	**9:53**	3.8	**10:17**	5.2	**3:47**	-0.4	**3:37**	-0.3	5:55	8:03	
14	Wed	**10:39**	3.6	**11:03**	5.0	**4:35**	-0.2	**4:23**	-0.1	5:54	8:04	
15	Thu	**11:25**	3.4	**11:50**	4.7	**5:24**	0.1	**5:10**	0.2	5:54	8:05	
16	Fri			**12:13**	3.2	**6:14**	0.3	**6:01**	0.4	5:53	8:05	
17	Sat	**12:39**	4.3	**1:03**	3.1	**7:06**	0.5	**6:54**	0.6	5:52	8:06	
18	Sun	**1:31**	4.1	**1:58**	3.1	**7:57**	0.7	**7:51**	0.7	5:51	8:07	
19	Mon	**2:26**	3.8	**2:57**	3.1	**8:48**	0.7	**8:48**	0.8	5:50	8:08	
20	Tue	**3:23**	3.7	**3:55**	3.3	**9:35**	0.8	**9:46**	0.8	5:50	8:09	
21	Wed	**4:18**	3.7	**4:48**	3.6	**10:20**	0.7	**10:42**	0.7	5:49	8:09	
22	Thu	**5:07**	3.7	**5:35**	3.9	**11:02**	0.6	**11:34**	0.6	5:48	8:10	
23	Fri	**5:53**	3.7	**6:18**	4.3	**11:44**	0.5			5:48	8:11	
24	Sat	**6:36**	3.7	**7:00**	4.6	**12:24**	0.5	**12:25**	0.3	5:47	8:12	
25	Sun	**7:19**	3.8	**7:42**	4.9	**1:10**	0.3	**1:06**	0.2	5:47	8:13	
26	Mon	**8:02**	3.8	**8:25**	5.1	**1:54**	0.2	**1:47**	0.1	5:46	8:13	
27	Tue	**8:46**	3.8	**9:09**	5.3	**2:38**	0.0	**2:29**	0.0	5:46	8:14	
28	Wed	**9:31**	3.7	**9:55**	5.3	**3:23**	0.0	**3:12**	0.0	5:45	8:15	
29	Thu	**10:17**	3.7	**10:42**	5.3	**4:10**	0.0	**3:58**	0.0	5:45	8:16	
30	Fri	**11:06**	3.6	**11:32**	5.2	**4:59**	0.1	**4:49**	0.0	5:44	8:16	
31	Sat	**11:57**	3.6			**5:52**	0.1	**5:44**	0.1	5:44	8:17	