US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Aug 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**2:32**	3.7	**3:18**	4.5	**8:35**	0.1	**9:34**	0.4	6:08	8:11	
2	Sat	**3:35**	3.4	**4:22**	4.6	**9:30**	0.2	**10:42**	0.5	6:08	8:10	
3	Sun	**4:39**	3.2	**5:23**	4.6	**10:27**	0.2	**11:48**	0.5	6:09	8:09	
4	Mon	**5:38**	3.2	**6:18**	4.7	**11:24**	0.2			6:10	8:08	
5	Tue	**6:31**	3.2	**7:07**	4.7	**12:45**	0.4	**12:18**	0.2	6:11	8:07	
6	Wed	**7:18**	3.3	**7:51**	4.8	**1:33**	0.4	**1:08**	0.1	6:12	8:05	
7	Thu	**8:02**	3.5	**8:33**	4.8	**2:12**	0.4	**1:52**	0.1	6:13	8:04	
8	Fri	**8:44**	3.6	**9:13**	4.8	**2:49**	0.3	**2:33**	0.1	6:13	8:03	
9	Sat	**9:25**	3.8	**9:51**	4.8	**3:23**	0.3	**3:14**	0.1	6:14	8:02	
10	Sun	**10:05**	3.9	**10:29**	4.6	**3:57**	0.4	**3:53**	0.2	6:15	8:01	
11	Mon	**10:45**	4.0	**11:06**	4.4	**4:31**	0.4	**4:34**	0.4	6:16	8:00	
12	Tue	**11:25**	4.0	**11:44**	4.2	**5:06**	0.5	**5:17**	0.5	6:17	7:59	
13	Wed			**12:06**	4.1	**5:42**	0.6	**6:02**	0.7	6:18	7:57	
14	Thu	**12:22**	4.0	**12:49**	4.1	**6:21**	0.7	**6:51**	0.8	6:18	7:56	
15	Fri	**1:04**	3.7	**1:36**	4.1	**7:02**	0.7	**7:44**	1.0	6:19	7:55	
16	Sat	**1:51**	3.5	**2:29**	4.2	**7:48**	0.8	**8:41**	1.0	6:20	7:54	
17	Sun	**2:45**	3.4	**3:28**	4.4	**8:39**	0.7	**9:41**	1.0	6:21	7:52	
18	Mon	**3:46**	3.3	**4:29**	4.6	**9:35**	0.6	**10:43**	0.8	6:22	7:51	
19	Tue	**4:48**	3.4	**5:28**	4.9	**10:35**	0.5	**11:43**	0.6	6:23	7:50	
20	Wed	**5:46**	3.6	**6:24**	5.3	**11:35**	0.2			6:23	7:49	
21	Thu	**6:41**	3.9	**7:17**	5.6	**12:40**	0.4	**12:33**	-0.1	6:24	7:47	
22	Fri	**7:35**	4.2	**8:09**	5.7	**1:31**	0.1	**1:28**	-0.3	6:25	7:46	
23	Sat	**8:28**	4.6	**8:59**	5.8	**2:20**	-0.1	**2:22**	-0.5	6:26	7:45	
24	Sun	**9:20**	4.8	**9:49**	5.7	**3:06**	-0.3	**3:15**	-0.6	6:27	7:43	
25	Mon	**10:11**	5.1	**10:38**	5.4	**3:52**	-0.4	**4:09**	-0.5	6:28	7:42	
26	Tue	**11:03**	5.2	**11:27**	4.9	**4:39**	-0.4	**5:04**	-0.3	6:28	7:40	
27	Wed	**11:55**	5.1			**5:27**	-0.3	**6:03**	-0.1	6:29	7:39	
28	Thu	**12:17**	4.5	**12:49**	5.0	**6:17**	-0.1	**7:04**	0.2	6:30	7:38	
29	Fri	**1:09**	4.0	**1:47**	4.8	**7:10**	0.1	**8:08**	0.5	6:31	7:36	
30	Sat	**2:07**	3.5	**2:51**	4.6	**8:06**	0.3	**9:16**	0.6	6:32	7:35	
31	Sun	**3:12**	3.3	**3:59**	4.5	**9:05**	0.5	**10:27**	0.7	6:33	7:33	