
































## Sand Shoal Inlet, VA - Nov 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:03	3.9	6:21	4.1	11:59	0.6			7:27	6:05	
2	Sun	5:43	4.2	6:00	4.1	12:21	0.6	11:55	0.4	6:28	5:04	
3	Mon	6:21	4.5	6:38	4.1			12:24	0.4	6:29	5:03	
4	Tue	6:59	4.8	7:16	4.1	12:29	0.3	1:04	0.3	6:30	5:02	
5	Wed	7:37	5.0	7:55	4.0	1:04	0.3	1:43	0.3	6:32	5:01	
6	Thu	8:16	5.1	8:34	3.9	1:39	0.3	2:23	0.3	6:33	5:00	
7	Fri	8:56	5.1	9:15	3.8	2:16	0.3	3:05	0.4	6:34	4:59	
8	Sat	9:38	5.1	9:57	3.6	2:55	0.3	3:51	0.5	6:35	4:58	
9	Sun	10:23	5.0	10:42	3.5	3:38	0.4	4:40	0.6	6:36	4:57	
10	Mon	11:12	4.9	11:34	3.4	4:27	0.5	5:35	0.6	6:37	4:56	
11	Tue			12:07	4.8	5:23	0.5	6:32	0.6	6:38	4:55	
12	Wed	12:33	3.4	1:07	4.7	6:26	0.6	7:31	0.6	6:39	4:55	
13	Thu	1:39	3.5	2:11	4.6	7:32	0.5	8:29	0.4	6:40	4:54	
14	Fri	2:46	3.8	3:14	4.5	8:39	0.4	9:24	0.2	6:41	4:53	
15	Sat	3:49	4.2	4:13	4.5	9:45	0.2	10:17	0.0	6:42	4:52	
16	Sun	4:46	4.7	5:07	4.5	10:48	0.0	11:07	-0.3	6:43	4:52	
17	Mon	5:39	5.1	5:59	4.4	11:47	-0.2	11:55	-0.5	6:44	4:51	
18	Tue	6:29	5.4	6:49	4.3			12:42	-0.4	6:45	4:50	
19	Wed	7:18	5.6	7:38	4.1	12:42	-0.6	1:34	-0.4	6:46	4:50	
20	Thu	8:07	5.6	8:27	3.9	1:28	-0.6	2:24	-0.4	6:47	4:49	
21	Fri	8:56	5.5	9:15	3.7	2:14	-0.5	3:13	-0.2	6:48	4:49	
22	Sat	9:44	5.3	10:03	3.5	3:01	-0.3	4:04	0.0	6:49	4:48	
23	Sun	10:33	4.9	10:52	3.3	3:49	-0.1	4:56	0.2	6:50	4:48	
24	Mon	11:23	4.6	11:44	3.1	4:41	0.2	5:50	0.4	6:51	4:47	
25	Tue			12:15	4.2	5:35	0.4	6:44	0.6	6:52	4:47	
26	Wed	12:39	3.0	1:09	4.0	6:33	0.6	7:36	0.7	6:53	4:47	
27	Thu	1:40	3.1	2:06	3.8	7:31	0.7	8:24	0.7	6:54	4:46	
28	Fri	2:40	3.2	3:01	3.7	8:30	0.8	9:09	0.6	6:55	4:46	
29	Sat	3:35	3.5	3:51	3.6	9:27	0.7	9:50	0.5	6:56	4:46	
30	Sun	4:23	3.8	4:37	3.6	10:21	0.6	10:31	0.4	6:57	4:45	