US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Jan 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:00	4.5	6:13	3.2			12:14	0.2	7:17	4:56	
2	Fri	6:45	4.8	7:00	3.3	12:00	-0.1	1:00	0.0	7:17	4:56	
3	Sat	7:32	5.0	7:46	3.4	12:46	-0.3	1:45	-0.1	7:17	4:57	
4	Sun	8:18	5.1	8:33	3.5	1:32	-0.4	2:30	-0.2	7:17	4:58	
5	Mon	9:05	5.2	9:22	3.6	2:19	-0.5	3:16	-0.2	7:17	4:59	
6	Tue	9:52	5.1	10:11	3.7	3:08	-0.5	4:04	-0.3	7:17	5:00	
7	Wed	10:40	4.9	11:03	3.7	4:01	-0.5	4:53	-0.3	7:17	5:01	
8	Thu	11:29	4.6	11:58	3.8	4:57	-0.3	5:43	-0.3	7:17	5:02	
9	Fri			12:21	4.2	5:57	-0.2	6:34	-0.3	7:17	5:03	
10	Sat	12:57	3.9	1:17	3.8	7:01	0.0	7:26	-0.3	7:17	5:04	
11	Sun	2:00	4.0	2:18	3.4	8:07	0.1	8:21	-0.3	7:16	5:04	
12	Mon	3:04	4.2	3:21	3.1	9:16	0.1	9:17	-0.3	7:16	5:05	
13	Tue	4:07	4.3	4:22	3.0	10:24	0.1	10:14	-0.3	7:16	5:06	
14	Wed	5:06	4.5	5:19	3.0	11:28	0.0	11:10	-0.4	7:16	5:07	
15	Thu	6:00	4.6	6:12	3.0			12:23	-0.1	7:15	5:08	
16	Fri	6:50	4.7	7:01	3.1	12:03	-0.5	1:12	-0.2	7:15	5:09	
17	Sat	7:38	4.7	7:48	3.2	12:52	-0.5	1:55	-0.2	7:15	5:11	
18	Sun	8:22	4.6	8:32	3.2	1:38	-0.5	2:36	-0.2	7:14	5:12	
19	Mon	9:04	4.5	9:15	3.3	2:22	-0.5	3:15	-0.1	7:14	5:13	
20	Tue	9:45	4.3	9:58	3.3	3:04	-0.4	3:53	0.0	7:13	5:14	
21	Wed	10:24	4.1	10:40	3.3	3:47	-0.2	4:31	0.1	7:13	5:15	
22	Thu	11:03	3.9	11:23	3.3	4:32	0.0	5:09	0.2	7:12	5:16	
23	Fri	11:43	3.6			5:18	0.2	5:48	0.3	7:12	5:17	
24	Sat	12:08	3.3	12:26	3.3	6:08	0.4	6:29	0.4	7:11	5:18	
25	Sun	12:57	3.4	1:13	3.0	7:00	0.6	7:13	0.4	7:11	5:19	
26	Mon	1:51	3.4	2:06	2.8	7:56	0.6	8:00	0.4	7:10	5:20	
27	Tue	2:48	3.6	3:03	2.8	8:55	0.7	8:52	0.3	7:09	5:21	
28	Wed	3:45	3.8	4:00	2.8	9:54	0.6	9:46	0.2	7:09	5:22	
29	Thu	4:40	4.1	4:54	3.0	10:52	0.4	10:41	0.0	7:08	5:23	
30	Fri	5:32	4.4	5:45	3.1	11:46	0.2	11:34	-0.2	7:07	5:25	
31	Sat	6:22	4.8	6:35	3.4			12:36	0.0	7:06	5:26	