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Sand Shoal Inlet, VA - Mar 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:47**	5.1	**7:03**	4.1	**12:06**	-0.6	**12:55**	-0.3	6:32	5:57	
2	Tue	**7:36**	5.2	**7:53**	4.5	**12:59**	-0.8	**1:40**	-0.5	6:31	5:58	
3	Wed	**8:24**	5.1	**8:43**	4.7	**1:51**	-1.0	**2:24**	-0.7	6:29	5:59	
4	Thu	**9:11**	4.9	**9:32**	4.9	**2:42**	-1.0	**3:09**	-0.7	6:28	6:00	
5	Fri	**9:58**	4.6	**10:23**	4.9	**3:35**	-0.9	**3:55**	-0.7	6:27	6:01	
6	Sat	**10:47**	4.2	**11:14**	4.8	**4:30**	-0.6	**4:43**	-0.5	6:25	6:02	
7	Sun	**11:37**	3.7			**5:28**	-0.3	**5:35**	-0.3	6:24	6:03	
8	Mon	**12:10**	4.6	**12:32**	3.3	**6:30**	0.0	**6:31**	-0.1	6:22	6:04	
9	Tue	**1:11**	4.3	**1:34**	2.9	**7:36**	0.2	**7:31**	0.1	6:21	6:05	
10	Wed	**2:21**	4.1	**2:44**	2.8	**8:47**	0.4	**8:37**	0.2	6:19	6:06	
11	Thu	**3:35**	4.0	**3:56**	2.8	**10:00**	0.4	**9:43**	0.2	6:18	6:07	
12	Fri	**4:43**	4.0	**4:57**	2.9	**11:04**	0.4	**10:46**	0.1	6:16	6:08	
13	Sat	**5:37**	4.1	**5:46**	3.2	**11:53**	0.3	**11:39**	0.0	6:15	6:09	
14	Sun	**7:21**	4.1	**7:27**	3.4			**1:31**	0.2	7:13	7:10	
15	Mon	**7:59**	4.2	**8:06**	3.7	**1:25**	-0.1	**2:04**	0.1	7:12	7:11	
16	Tue	**8:35**	4.2	**8:44**	3.9	**2:05**	-0.2	**2:35**	0.1	7:10	7:11	
17	Wed	**9:10**	4.1	**9:21**	4.1	**2:43**	-0.2	**3:05**	0.1	7:09	7:12	
18	Thu	**9:46**	4.1	**9:59**	4.2	**3:21**	-0.2	**3:36**	0.1	7:07	7:13	
19	Fri	**10:22**	3.9	**10:36**	4.2	**3:58**	-0.1	**4:08**	0.1	7:06	7:14	
20	Sat	**10:58**	3.7	**11:14**	4.2	**4:37**	0.1	**4:42**	0.3	7:04	7:15	
21	Sun	**11:34**	3.5	**11:53**	4.2	**5:18**	0.2	**5:18**	0.4	7:03	7:16	
22	Mon			**12:13**	3.3	**6:02**	0.4	**5:58**	0.5	7:01	7:17	
23	Tue	**12:36**	4.1	**12:56**	3.1	**6:51**	0.6	**6:45**	0.6	7:00	7:18	
24	Wed	**1:26**	4.0	**1:46**	3.0	**7:45**	0.7	**7:39**	0.6	6:58	7:19	
25	Thu	**2:24**	4.0	**2:47**	2.9	**8:45**	0.8	**8:40**	0.6	6:57	7:20	
26	Fri	**3:30**	4.1	**3:54**	3.0	**9:46**	0.7	**9:44**	0.4	6:55	7:20	
27	Sat	**4:35**	4.3	**4:57**	3.3	**10:47**	0.5	**10:48**	0.1	6:54	7:21	
28	Sun	**5:35**	4.6	**5:55**	3.8	**11:44**	0.3	**11:50**	-0.2	6:52	7:22	
29	Mon	**6:29**	4.8	**6:49**	4.2			**12:35**	-0.1	6:51	7:23	
30	Tue	**7:20**	5.0	**7:40**	4.7	**12:48**	-0.5	**1:23**	-0.3	6:49	7:24	
31	Wed	**8:10**	5.0	**8:31**	5.1	**1:43**	-0.7	**2:09**	-0.6	6:48	7:25	