

































Sand Shoal Inlet, VA - Aug 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:10	3.9	5:52	0.4	6:07	0.5	6:08	8:10	
2	Mon	12:28	4.0	12:54	3.9	6:31	0.5	6:57	0.7	6:09	8:09	
3	Tue	1:10	3.7	1:42	3.9	7:12	0.6	7:49	0.9	6:10	8:08	
4	Wed	1:57	3.4	2:34	4.0	7:55	0.7	8:44	1.0	6:11	8:07	
5	Thu	2:49	3.2	3:30	4.0	8:41	0.8	9:41	1.1	6:11	8:06	
6	Fri	3:45	3.1	4:27	4.2	9:32	0.8	10:39	1.0	6:12	8:05	
7	Sat	4:43	3.1	5:22	4.4	10:26	0.7	11:36	0.9	6:13	8:04	
8	Sun	5:37	3.3	6:13	4.7	11:20	0.6			6:14	8:02	
9	Mon	6:28	3.5	7:02	5.0	12:29	0.7	12:14	0.4	6:15	8:01	
10	Tue	7:16	3.7	7:49	5.3	1:16	0.5	1:05	0.1	6:16	8:00	
11	Wed	8:04	4.0	8:35	5.4	2:01	0.3	1:54	-0.1	6:17	7:59	
12	Thu	8:52	4.2	9:21	5.5	2:44	0.1	2:42	-0.2	6:17	7:58	
13	Fri	9:40	4.5	10:07	5.4	3:27	-0.1	3:31	-0.3	6:18	7:57	
14	Sat	10:28	4.7	10:52	5.2	4:11	-0.1	4:22	-0.2	6:19	7:55	
15	Sun	11:18	4.9	11:39	4.9	4:55	-0.2	5:17	-0.1	6:20	7:54	
16	Mon			12:08	4.9	5:42	-0.1	6:14	0.1	6:21	7:53	
17	Tue	12:28	4.4	1:03	4.9	6:31	0.0	7:16	0.3	6:22	7:51	
18	Wed	1:21	4.0	2:02	4.9	7:23	0.1	8:21	0.5	6:22	7:50	
19	Thu	2:21	3.6	3:07	4.8	8:20	0.2	9:29	0.6	6:23	7:49	
20	Fri	3:26	3.3	4:15	4.8	9:20	0.3	10:39	0.6	6:24	7:48	
21	Sat	4:35	3.2	5:22	4.8	10:23	0.3	11:47	0.5	6:25	7:46	
22	Sun	5:39	3.3	6:21	4.9	11:26	0.2			6:26	7:45	
23	Mon	6:35	3.5	7:12	4.9	12:45	0.4	12:25	0.1	6:27	7:43	
24	Tue	7:25	3.7	7:58	5.0	1:32	0.3	1:17	0.0	6:27	7:42	
25	Wed	8:10	3.9	8:40	4.9	2:13	0.3	2:03	0.0	6:28	7:41	
26	Thu	8:52	4.0	9:19	4.8	2:49	0.2	2:46	0.0	6:29	7:39	
27	Fri	9:33	4.2	9:57	4.7	3:23	0.2	3:27	0.1	6:30	7:38	
28	Sat	10:13	4.3	10:34	4.5	3:57	0.3	4:08	0.2	6:31	7:36	
29	Sun	10:52	4.4	11:12	4.2	4:31	0.4	4:50	0.4	6:32	7:35	
30	Mon	11:32	4.4	11:50	3.9	5:06	0.5	5:33	0.6	6:32	7:34	
31	Tue			12:14	4.3	5:42	0.6	6:20	0.8	6:33	7:32	