

































Sand Shoal Inlet, VA - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:25	4.0	11:43	4.1	5:06	0.3	5:19	0.4	6:08	8:10	
2	Sat			12:07	4.0	5:43	0.4	6:05	0.6	6:09	8:09	
3	Sun	12:22	3.8	12:50	4.0	6:21	0.6	6:54	0.8	6:10	8:08	
4	Mon	1:04	3.6	1:37	4.0	7:01	0.7	7:46	1.0	6:11	8:07	
5	Tue	1:50	3.3	2:30	4.0	7:46	0.8	8:41	1.1	6:12	8:06	
6	Wed	2:43	3.2	3:28	4.1	8:36	0.8	9:39	1.1	6:12	8:05	
7	Thu	3:42	3.1	4:27	4.3	9:30	0.7	10:39	1.0	6:13	8:03	
8	Fri	4:41	3.2	5:24	4.6	10:27	0.6	11:37	0.9	6:14	8:02	
9	Sat	5:37	3.4	6:16	4.9	11:24	0.4			6:15	8:01	
10	Sun	6:30	3.6	7:06	5.2	12:30	0.6	12:19	0.2	6:16	8:00	
11	Mon	7:21	4.0	7:54	5.4	1:19	0.4	1:12	-0.1	6:17	7:59	
12	Tue	8:11	4.3	8:41	5.5	2:04	0.1	2:03	-0.3	6:17	7:58	
13	Wed	9:00	4.6	9:28	5.5	2:48	-0.1	2:54	-0.4	6:18	7:56	
14	Thu	9:50	4.9	10:15	5.3	3:31	-0.3	3:45	-0.4	6:19	7:55	
15	Fri	10:39	5.1	11:02	5.0	4:16	-0.3	4:38	-0.3	6:20	7:54	
16	Sat	11:30	5.2	11:50	4.6	5:01	-0.3	5:34	-0.1	6:21	7:53	
17	Sun			12:22	5.1	5:50	-0.2	6:34	0.1	6:22	7:51	
18	Mon	12:41	4.1	1:19	5.0	6:41	0.0	7:37	0.4	6:22	7:50	
19	Tue	1:36	3.7	2:21	4.8	7:37	0.1	8:44	0.6	6:23	7:49	
20	Wed	2:39	3.4	3:30	4.7	8:37	0.3	9:54	0.7	6:24	7:48	
21	Thu	3:48	3.2	4:40	4.6	9:40	0.3	11:05	0.7	6:25	7:46	
22	Fri	4:57	3.2	5:44	4.7	10:44	0.3			6:26	7:45	
23	Sat	5:58	3.3	6:38	4.7	12:08	0.6	11:45 AM	0.3	6:27	7:43	
24	Sun	6:49	3.5	7:23	4.8	12:58	0.5	12:40	0.2	6:27	7:42	
25	Mon	7:34	3.8	8:04	4.8	1:39	0.4	1:27	0.1	6:28	7:41	
26	Tue	8:15	4.0	8:41	4.7	2:14	0.3	2:10	0.1	6:29	7:39	
27	Wed	8:55	4.2	9:18	4.7	2:46	0.3	2:50	0.1	6:30	7:38	
28	Thu	9:33	4.3	9:54	4.5	3:18	0.3	3:29	0.2	6:31	7:36	
29	Fri	10:12	4.4	10:31	4.3	3:50	0.3	4:09	0.3	6:32	7:35	
30	Sat	10:51	4.5	11:08	4.1	4:23	0.4	4:49	0.5	6:32	7:34	
31	Sun	11:30	4.5	11:46	3.8	4:58	0.5	5:32	0.7	6:33	7:32	