


































## Sand Shoal Inlet, VA - May 2067

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Sun | 10:11 | 4.0 | 10:36 | 5.4 | 4:00  | -0.2 | 3:56  | -0.2 | 6:07  | 7:52 |    |
| 2    | Mon | 10:59 | 3.9 | 11:26 | 5.3 | 4:50  | -0.1 | 4:46  | -0.1 | 6:06  | 7:53 |    |
| 3    | Tue | 11:50 | 3.8 |       |     | 5:42  | 0.0  | 5:41  | 0.0  | 6:05  | 7:54 |    |
| 4    | Wed | 12:19 | 5.1 | 12:46 | 3.7 | 6:38  | 0.1  | 6:41  | 0.1  | 6:04  | 7:55 |    |
| 5    | Thu | 1:16  | 4.8 | 1:46  | 3.7 | 7:36  | 0.1  | 7:45  | 0.2  | 6:03  | 7:56 |    |
| 6    | Fri | 2:16  | 4.5 | 2:52  | 3.8 | 8:34  | 0.1  | 8:51  | 0.2  | 6:02  | 7:57 |    |
| 7    | Sat | 3:20  | 4.3 | 3:58  | 4.0 | 9:32  | 0.1  | 9:58  | 0.2  | 6:01  | 7:58 |    |
| 8    | Sun | 4:23  | 4.1 | 5:00  | 4.3 | 10:27 | 0.0  | 11:03 | 0.1  | 6:00  | 7:58 |    |
| 9    | Mon | 5:22  | 4.0 | 5:55  | 4.6 | 11:20 | -0.1 |       |      | 5:59  | 7:59 |    |
| 10   | Tue | 6:16  | 3.9 | 6:46  | 4.8 | 12:05 | 0.0  | 12:11 | -0.2 | 5:58  | 8:00 |    |
| 11   | Wed | 7:05  | 3.8 | 7:33  | 5.0 | 1:01  | -0.1 | 12:58 | -0.3 | 5:57  | 8:01 |    |
| 12   | Thu | 7:52  | 3.8 | 8:18  | 5.1 | 1:50  | -0.2 | 1:43  | -0.3 | 5:56  | 8:02 |   |
| 13   | Fri | 8:38  | 3.7 | 9:02  | 5.0 | 2:36  | -0.2 | 2:26  | -0.2 | 5:55  | 8:03 |  |
| 14   | Sat | 9:22  | 3.6 | 9:46  | 5.0 | 3:19  | -0.1 | 3:08  | -0.1 | 5:54  | 8:04 |  |
| 15   | Sun | 10:05 | 3.6 | 10:29 | 4.8 | 4:01  | 0.0  | 3:50  | 0.0  | 5:54  | 8:05 |  |
| 16   | Mon | 10:49 | 3.5 | 11:12 | 4.6 | 4:44  | 0.1  | 4:33  | 0.2  | 5:53  | 8:05 |  |
| 17   | Tue | 11:32 | 3.4 | 11:56 | 4.4 | 5:27  | 0.3  | 5:18  | 0.3  | 5:52  | 8:06 |  |
| 18   | Wed |       |     | 12:18 | 3.3 | 6:11  | 0.5  | 6:06  | 0.5  | 5:51  | 8:07 |  |
| 19   | Thu | 12:41 | 4.2 | 1:05  | 3.3 | 6:57  | 0.6  | 6:57  | 0.7  | 5:50  | 8:08 |  |
| 20   | Fri | 1:29  | 4.0 | 1:57  | 3.4 | 7:42  | 0.7  | 7:51  | 0.8  | 5:50  | 8:09 |  |
| 21   | Sat | 2:19  | 3.8 | 2:52  | 3.5 | 8:28  | 0.7  | 8:46  | 0.8  | 5:49  | 8:10 |  |
| 22   | Sun | 3:12  | 3.7 | 3:47  | 3.7 | 9:14  | 0.7  | 9:42  | 0.8  | 5:48  | 8:10 |  |
| 23   | Mon | 4:05  | 3.6 | 4:39  | 4.0 | 10:01 | 0.6  | 10:38 | 0.7  | 5:48  | 8:11 |  |
| 24   | Tue | 4:57  | 3.7 | 5:28  | 4.4 | 10:48 | 0.4  | 11:33 | 0.5  | 5:47  | 8:12 |  |
| 25   | Wed | 5:46  | 3.7 | 6:16  | 4.8 | 11:36 | 0.3  |       |      | 5:47  | 8:13 |  |
| 26   | Thu | 6:35  | 3.8 | 7:03  | 5.1 | 12:26 | 0.3  | 12:24 | 0.1  | 5:46  | 8:13 |  |
| 27   | Fri | 7:23  | 3.9 | 7:51  | 5.4 | 1:16  | 0.1  | 1:12  | -0.1 | 5:46  | 8:14 |  |
| 28   | Sat | 8:12  | 4.0 | 8:40  | 5.6 | 2:06  | -0.1 | 2:00  | -0.3 | 5:45  | 8:15 |  |
| 29   | Sun | 9:02  | 4.0 | 9:30  | 5.7 | 2:54  | -0.2 | 2:48  | -0.4 | 5:45  | 8:16 |  |
| 30   | Mon | 9:52  | 4.1 | 10:21 | 5.6 | 3:44  | -0.3 | 3:39  | -0.4 | 5:44  | 8:16 |  |
| 31   | Tue | 10:44 | 4.1 | 11:12 | 5.5 | 4:35  | -0.3 | 4:32  | -0.3 | 5:44  | 8:17 |  |