

































Sand Shoal Inlet, VA - Jan 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:28	4.3	4:42	3.3	10:35	0.4	10:33	-0.1	7:17	4:56	
2	Mon	5:20	4.7	5:34	3.5	11:30	0.1	11:26	-0.4	7:17	4:56	
3	Tue	6:10	5.0	6:25	3.7			12:22	-0.1	7:17	4:57	
4	Wed	7:00	5.3	7:16	3.9	12:18	-0.6	1:11	-0.4	7:17	4:58	
5	Thu	7:50	5.4	8:07	4.0	1:09	-0.8	1:59	-0.5	7:17	4:59	
6	Fri	8:39	5.4	8:59	4.2	1:59	-0.9	2:48	-0.7	7:17	5:00	
7	Sat	9:28	5.3	9:51	4.2	2:51	-0.9	3:36	-0.7	7:17	5:01	
8	Sun	10:18	5.0	10:44	4.3	3:45	-0.8	4:26	-0.7	7:17	5:02	
9	Mon	11:08	4.6	11:38	4.2	4:41	-0.6	5:17	-0.6	7:17	5:03	
10	Tue			12:00	4.2	5:41	-0.4	6:10	-0.5	7:17	5:04	
11	Wed	12:36	4.1	12:56	3.7	6:43	-0.2	7:05	-0.4	7:16	5:05	
12	Thu	1:39	4.0	1:56	3.3	7:49	0.0	8:01	-0.3	7:16	5:05	
13	Fri	2:45	4.0	2:59	3.1	8:56	0.1	8:58	-0.2	7:16	5:06	
14	Sat	3:50	4.1	4:02	3.0	10:04	0.2	9:56	-0.2	7:16	5:07	
15	Sun	4:49	4.1	4:58	3.0	11:07	0.1	10:52	-0.3	7:15	5:08	
16	Mon	5:41	4.2	5:49	3.0			12:01	0.0	7:15	5:10	
17	Tue	6:27	4.3	6:34	3.1			12:45	0.0	7:15	5:11	
18	Wed	7:09	4.4	7:17	3.3	12:29	-0.4	1:23	-0.1	7:14	5:12	
19	Thu	7:49	4.4	7:59	3.4	1:11	-0.4	1:59	-0.1	7:14	5:13	
20	Fri	8:28	4.4	8:40	3.5	1:51	-0.4	2:34	-0.1	7:13	5:14	
21	Sat	9:06	4.3	9:20	3.5	2:31	-0.3	3:09	-0.1	7:13	5:15	
22	Sun	9:44	4.2	10:01	3.6	3:10	-0.2	3:44	0.0	7:12	5:16	
23	Mon	10:22	4.0	10:41	3.6	3:51	-0.1	4:21	0.1	7:12	5:17	
24	Tue	11:00	3.8	11:23	3.6	4:34	0.1	5:00	0.2	7:11	5:18	
25	Wed	11:40	3.5			5:20	0.3	5:41	0.2	7:11	5:19	
26	Thu	12:08	3.6	12:23	3.3	6:09	0.4	6:25	0.3	7:10	5:20	
27	Fri	12:58	3.6	1:13	3.1	7:03	0.5	7:14	0.3	7:09	5:21	
28	Sat	1:55	3.7	2:10	3.0	8:01	0.6	8:08	0.2	7:08	5:22	
29	Sun	2:55	3.9	3:10	3.1	9:02	0.5	9:05	0.0	7:08	5:23	
30	Mon	3:55	4.2	4:10	3.2	10:03	0.3	10:04	-0.2	7:07	5:25	
31	Tue	4:52	4.6	5:07	3.5	11:02	0.1	11:02	-0.5	7:06	5:26	