

































## Sand Shoal Inlet, VA - May 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:12	4.3	8:38	5.5	2:03	-0.6	2:05	-0.6	6:06	7:53	
2	Wed	9:02	4.2	9:28	5.5	2:53	-0.6	2:52	-0.6	6:05	7:54	
3	Thu	9:51	4.0	10:17	5.3	3:43	-0.5	3:39	-0.5	6:04	7:55	
4	Fri	10:39	3.8	11:05	5.0	4:32	-0.3	4:28	-0.3	6:03	7:56	
5	Sat	11:27	3.7	11:53	4.7	5:22	-0.1	5:17	0.0	6:02	7:56	
6	Sun			12:16	3.5	6:12	0.1	6:09	0.2	6:01	7:57	
7	Mon	12:42	4.4	1:07	3.4	7:04	0.3	7:04	0.4	6:00	7:58	
8	Tue	1:33	4.0	2:02	3.3	7:54	0.5	8:00	0.6	5:59	7:59	
9	Wed	2:28	3.8	3:00	3.3	8:44	0.6	8:57	0.7	5:58	8:00	
10	Thu	3:24	3.6	3:57	3.5	9:32	0.6	9:54	0.7	5:57	8:01	
11	Fri	4:18	3.6	4:50	3.7	10:17	0.6	10:50	0.7	5:56	8:02	
12	Sat	5:09	3.6	5:37	4.0	11:02	0.5	11:41	0.6	5:55	8:03	
13	Sun	5:55	3.6	6:21	4.3	11:45	0.4			5:55	8:04	
14	Mon	6:39	3.7	7:03	4.6	12:29	0.4	12:28	0.3	5:54	8:04	
15	Tue	7:22	3.8	7:45	4.9	1:13	0.3	1:09	0.2	5:53	8:05	
16	Wed	8:05	3.8	8:28	5.0	1:56	0.2	1:50	0.1	5:52	8:06	
17	Thu	8:48	3.9	9:11	5.2	2:38	0.1	2:32	0.0	5:51	8:07	
18	Fri	9:32	3.9	9:55	5.2	3:21	0.0	3:15	0.0	5:51	8:08	
19	Sat	10:16	3.9	10:40	5.2	4:05	0.0	4:00	0.0	5:50	8:09	
20	Sun	11:03	3.9	11:27	5.1	4:52	0.1	4:48	0.1	5:49	8:09	
21	Mon	11:52	3.9			5:41	0.1	5:41	0.1	5:49	8:10	
22	Tue	12:16	4.9	12:44	3.9	6:33	0.1	6:39	0.2	5:48	8:11	
23	Wed	1:09	4.7	1:42	3.9	7:27	0.1	7:41	0.3	5:47	8:12	
24	Thu	2:06	4.5	2:44	4.1	8:21	0.1	8:45	0.3	5:47	8:12	
25	Fri	3:07	4.2	3:47	4.3	9:16	0.0	9:50	0.2	5:46	8:13	
26	Sat	4:08	4.1	4:49	4.6	10:11	-0.1	10:55	0.1	5:46	8:14	
27	Sun	5:08	4.0	5:46	4.9	11:06	-0.2	11:58	-0.1	5:45	8:15	
28	Mon	6:05	3.9	6:39	5.2			12:00	-0.3	5:45	8:15	
29	Tue	6:59	3.9	7:31	5.3	12:56	-0.2	12:52	-0.4	5:44	8:16	
30	Wed	7:50	3.8	8:20	5.3	1:50	-0.3	1:42	-0.5	5:44	8:17	
31	Thu	8:40	3.8	9:09	5.3	2:39	-0.3	2:30	-0.4	5:44	8:17	