
































## Sand Shoal Inlet, VA - Nov 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:31	3.7	1:01	4.7	6:24	0.6	7:21	0.7	7:28	6:04	
2	Fri	1:27	3.7	1:58	4.6	7:23	0.6	8:16	0.6	7:29	6:03	
3	Sat	2:29	3.8	2:59	4.6	8:27	0.6	9:12	0.4	7:30	6:02	
4	Sun	2:34	4.1	3:01	4.5	8:32	0.4	9:08	0.2	6:31	5:01	
5	Mon	3:36	4.5	4:00	4.5	9:36	0.2	10:02	0.0	6:32	5:00	
6	Tue	4:34	4.9	4:56	4.6	10:39	0.0	10:55	-0.3	6:33	4:59	
7	Wed	5:29	5.3	5:50	4.6	11:38	-0.2	11:47	-0.5	6:34	4:58	
8	Thu	6:21	5.6	6:41	4.5			12:34	-0.4	6:35	4:57	
9	Fri	7:12	5.8	7:32	4.4	12:37	-0.6	1:26	-0.5	6:37	4:56	
10	Sat	8:03	5.8	8:23	4.3	1:26	-0.7	2:17	-0.4	6:38	4:56	
11	Sun	8:54	5.7	9:13	4.1	2:14	-0.6	3:08	-0.3	6:39	4:55	
12	Mon	9:44	5.4	10:03	3.9	3:03	-0.4	3:59	-0.1	6:40	4:54	
13	Tue	10:33	5.1	10:54	3.7	3:54	-0.2	4:52	0.1	6:41	4:53	
14	Wed	11:24	4.7	11:47	3.5	4:47	0.1	5:45	0.3	6:42	4:53	
15	Thu			12:15	4.3	5:43	0.3	6:39	0.5	6:43	4:52	
16	Fri	12:43	3.4	1:10	4.0	6:41	0.5	7:31	0.6	6:44	4:51	
17	Sat	1:42	3.4	2:06	3.8	7:40	0.7	8:20	0.6	6:45	4:51	
18	Sun	2:43	3.5	3:01	3.6	8:39	0.7	9:06	0.6	6:46	4:50	
19	Mon	3:38	3.7	3:53	3.6	9:36	0.7	9:50	0.5	6:47	4:49	
20	Tue	4:26	4.0	4:39	3.6	10:28	0.7	10:33	0.4	6:48	4:49	
21	Wed	5:10	4.3	5:23	3.7	11:16	0.6	11:14	0.3	6:49	4:48	
22	Thu	5:51	4.5	6:05	3.7			12:00	0.4	6:50	4:48	
23	Fri	6:32	4.8	6:47	3.8			12:41	0.3	6:51	4:47	
24	Sat	7:14	4.9	7:29	3.8	12:35	0.1	1:22	0.2	6:52	4:47	
25	Sun	7:55	5.0	8:11	3.8	1:15	0.0	2:03	0.2	6:53	4:47	
26	Mon	8:37	5.1	8:54	3.8	1:56	0.0	2:45	0.2	6:54	4:46	
27	Tue	9:20	5.1	9:38	3.8	2:38	0.0	3:29	0.2	6:55	4:46	
28	Wed	10:05	5.0	10:25	3.8	3:23	0.1	4:16	0.2	6:56	4:46	
29	Thu	10:51	4.9	11:14	3.8	4:12	0.1	5:05	0.2	6:57	4:45	
30	Fri	11:40	4.7			5:07	0.2	5:57	0.2	6:58	4:45	