US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Jan 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:51	4.1	2:10	3.6	7:58	0.1	8:16	-0.3	7:17	4:56	
2	Wed	2:56	4.3	3:13	3.4	9:05	0.1	9:14	-0.4	7:17	4:57	
3	Thu	4:00	4.4	4:15	3.4	10:11	0.0	10:12	-0.5	7:17	4:58	
4	Fri	4:59	4.6	5:13	3.4	11:14	-0.1	11:09	-0.6	7:17	4:59	
5	Sat	5:54	4.7	6:07	3.4			12:11	-0.3	7:17	5:00	
6	Sun	6:45	4.8	6:58	3.5	12:03	-0.7	1:01	-0.4	7:17	5:01	
7	Mon	7:32	4.8	7:46	3.6	12:53	-0.7	1:46	-0.4	7:17	5:01	
8	Tue	8:18	4.8	8:32	3.6	1:40	-0.7	2:29	-0.4	7:17	5:02	
9	Wed	9:01	4.6	9:17	3.6	2:25	-0.6	3:10	-0.4	7:17	5:03	
10	Thu	9:43	4.4	10:01	3.6	3:09	-0.5	3:50	-0.3	7:16	5:04	
11	Fri	10:24	4.2	10:44	3.5	3:53	-0.3	4:31	-0.1	7:16	5:05	
12	Sat	11:05	3.9	11:29	3.5	4:39	0.0	5:11	0.0	7:16	5:06	
13	Sun	11:47	3.6			5:26	0.2	5:54	0.2	7:16	5:07	
14	Mon	12:16	3.4	12:32	3.3	6:16	0.4	6:37	0.3	7:15	5:08	
15	Tue	1:06	3.4	1:21	3.1	7:09	0.5	7:24	0.3	7:15	5:09	
16	Wed	2:02	3.5	2:15	3.0	8:04	0.6	8:13	0.3	7:15	5:10	
17	Thu	2:59	3.6	3:11	3.0	9:01	0.7	9:04	0.3	7:14	5:11	
18	Fri	3:54	3.8	4:06	3.0	9:58	0.6	9:57	0.1	7:14	5:12	
19	Sat	4:46	4.1	4:58	3.2	10:52	0.4	10:49	-0.1	7:13	5:13	
20	Sun	5:35	4.4	5:47	3.4	11:43	0.2	11:39	-0.3	7:13	5:15	
21	Mon	6:22	4.7	6:35	3.6			12:30	0.0	7:12	5:16	
22	Tue	7:08	4.9	7:23	3.9	12:28	-0.5	1:15	-0.3	7:12	5:17	
23	Wed	7:54	5.1	8:11	4.1	1:16	-0.7	2:00	-0.5	7:11	5:18	
24	Thu	8:40	5.1	8:59	4.3	2:04	-0.8	2:44	-0.6	7:11	5:19	
25	Fri	9:26	5.0	9:48	4.4	2:53	-0.8	3:30	-0.6	7:10	5:20	
26	Sat	10:13	4.8	10:39	4.4	3:44	-0.7	4:17	-0.6	7:09	5:21	
27	Sun	11:01	4.4	11:31	4.4	4:39	-0.6	5:07	-0.6	7:09	5:22	
28	Mon	11:52	4.0			5:37	-0.4	5:59	-0.5	7:08	5:23	
29	Tue	12:28	4.3	12:48	3.6	6:38	-0.2	6:55	-0.4	7:07	5:24	
30	Wed	1:30	4.2	1:49	3.3	7:43	0.0	7:54	-0.3	7:06	5:25	
31	Thu	2:37	4.1	2:55	3.1	8:50	0.1	8:55	-0.3	7:06	5:27	