US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Mar 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:17	4.1	2:39	3.1	8:34	0.2	8:38	-0.1	6:32	5:57	
2	Sat	3:27	4.0	3:47	3.1	9:42	0.2	9:42	-0.1	6:31	5:58	
3	Sun	4:32	4.0	4:48	3.2	10:45	0.2	10:44	-0.1	6:30	5:59	
4	Mon	5:27	4.1	5:39	3.4	11:38	0.1	11:38	-0.2	6:28	6:00	
5	Tue	6:13	4.1	6:24	3.6			12:20	0.0	6:27	6:01	
6	Wed	6:53	4.2	7:05	3.8	12:24	-0.3	12:57	-0.1	6:25	6:02	
7	Thu	7:32	4.2	7:44	4.0	1:06	-0.4	1:32	-0.1	6:24	6:03	
8	Fri	8:09	4.1	8:23	4.1	1:45	-0.4	2:05	-0.1	6:22	6:04	
9	Sat	8:46	4.1	9:02	4.2	2:23	-0.3	2:39	-0.1	6:21	6:05	
10	Sun	10:24	3.9	10:41	4.2	4:01	-0.2	4:14	0.0	7:20	7:06	
11	Mon	11:01	3.8	11:20	4.2	4:41	0.0	4:50	0.1	7:18	7:07	
12	Tue	11:40	3.6			5:22	0.2	5:29	0.2	7:17	7:08	
13	Wed	12:01	4.1	12:20	3.4	6:06	0.4	6:11	0.4	7:15	7:08	
14	Thu	12:45	4.0	1:04	3.3	6:54	0.5	6:58	0.5	7:14	7:09	
15	Fri	1:35	3.9	1:54	3.2	7:46	0.7	7:51	0.5	7:12	7:10	
16	Sat	2:31	3.9	2:52	3.1	8:42	0.7	8:48	0.5	7:11	7:11	
17	Sun	3:32	4.0	3:54	3.3	9:40	0.6	9:49	0.3	7:09	7:12	
18	Mon	4:33	4.2	4:54	3.6	10:38	0.5	10:49	0.1	7:08	7:13	
19	Tue	5:30	4.4	5:51	4.0	11:34	0.2	11:49	-0.2	7:06	7:14	
20	Wed	6:23	4.7	6:44	4.4			12:26	-0.1	7:05	7:15	
21	Thu	7:14	4.9	7:35	4.8	12:45	-0.5	1:16	-0.4	7:03	7:16	
22	Fri	8:04	5.0	8:26	5.2	1:39	-0.8	2:03	-0.7	7:02	7:17	
23	Sat	8:54	4.9	9:17	5.4	2:31	-0.9	2:50	-0.8	7:00	7:18	
24	Sun	9:44	4.8	10:08	5.5	3:23	-1.0	3:38	-0.8	6:59	7:19	
25	Mon	10:33	4.6	10:59	5.4	4:16	-0.9	4:27	-0.8	6:57	7:19	
26	Tue	11:24	4.3	11:52	5.1	5:10	-0.7	5:18	-0.6	6:56	7:20	
27	Wed			12:16	3.9	6:06	-0.4	6:13	-0.4	6:54	7:21	
28	Thu	12:47	4.8	1:12	3.6	7:06	-0.1	7:12	-0.1	6:53	7:22	
29	Fri	1:47	4.4	2:13	3.3	8:09	0.1	8:14	0.1	6:51	7:23	
30	Sat	2:53	4.1	3:21	3.2	9:13	0.3	9:19	0.2	6:50	7:24	
31	Sun	4:02	3.9	4:30	3.3	10:17	0.3	10:24	0.2	6:48	7:25	