
































## Sand Shoal Inlet, VA - Apr 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:07	3.9	5:29	3.4	11:15	0.3	11:26	0.2	6:47	7:26	
2	Tue	6:00	3.9	6:17	3.7			12:04	0.3	6:45	7:27	
3	Wed	6:44	3.9	6:59	3.9	12:19	0.1	12:45	0.2	6:44	7:27	
4	Thu	7:23	3.9	7:38	4.1	1:05	0.0	1:21	0.1	6:42	7:28	
5	Fri	8:01	4.0	8:16	4.3	1:45	-0.1	1:56	0.1	6:41	7:29	
6	Sat	8:39	4.0	8:55	4.5	2:23	-0.1	2:30	0.0	6:39	7:30	
7	Sun	9:17	3.9	9:33	4.6	3:00	-0.1	3:04	0.1	6:38	7:31	
8	Mon	9:55	3.9	10:12	4.6	3:38	0.0	3:40	0.1	6:37	7:32	
9	Tue	10:33	3.8	10:52	4.5	4:16	0.1	4:17	0.2	6:35	7:33	
10	Wed	11:12	3.7	11:32	4.4	4:57	0.3	4:56	0.3	6:34	7:34	
11	Thu	11:53	3.5			5:40	0.4	5:39	0.5	6:32	7:35	
12	Fri	12:15	4.3	12:37	3.4	6:27	0.5	6:27	0.5	6:31	7:36	
13	Sat	1:03	4.3	1:26	3.4	7:18	0.6	7:21	0.6	6:29	7:36	
14	Sun	1:56	4.2	2:23	3.4	8:12	0.6	8:20	0.5	6:28	7:37	
15	Mon	2:56	4.2	3:25	3.6	9:08	0.5	9:21	0.4	6:27	7:38	
16	Tue	3:57	4.3	4:27	3.9	10:04	0.4	10:24	0.2	6:25	7:39	
17	Wed	4:56	4.4	5:25	4.4	10:59	0.1	11:26	-0.1	6:24	7:40	
18	Thu	5:52	4.6	6:19	4.8	11:53	-0.2			6:23	7:41	
19	Fri	6:46	4.7	7:12	5.3	12:25	-0.4	12:45	-0.4	6:21	7:42	
20	Sat	7:38	4.7	8:04	5.6	1:22	-0.6	1:35	-0.6	6:20	7:43	
21	Sun	8:30	4.7	8:56	5.7	2:15	-0.8	2:24	-0.8	6:19	7:44	
22	Mon	9:22	4.5	9:48	5.7	3:08	-0.8	3:13	-0.8	6:17	7:45	
23	Tue	10:13	4.4	10:40	5.6	4:01	-0.7	4:04	-0.7	6:16	7:45	
24	Wed	11:05	4.1	11:33	5.3	4:54	-0.6	4:56	-0.5	6:15	7:46	
25	Thu	11:58	3.9			5:49	-0.3	5:52	-0.3	6:14	7:47	
26	Fri	12:26	4.9	12:53	3.6	6:47	-0.1	6:50	0.0	6:12	7:48	
27	Sat	1:23	4.5	1:52	3.5	7:45	0.1	7:52	0.2	6:11	7:49	
28	Sun	2:23	4.1	2:56	3.4	8:44	0.3	8:55	0.4	6:10	7:50	
29	Mon	3:26	3.9	4:01	3.5	9:40	0.4	9:58	0.4	6:09	7:51	
30	Tue	4:26	3.7	4:59	3.6	10:32	0.4	10:58	0.4	6:08	7:52	