US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Jun 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:07	3.4	6:36	4.4	12:05	0.6	11:57 AM	0.4	5:43	8:18	
2	Sun	6:51	3.5	7:18	4.6	12:50	0.5	12:39	0.3	5:43	8:19	
3	Mon	7:34	3.6	8:00	4.8	1:31	0.4	1:21	0.2	5:43	8:19	
4	Tue	8:17	3.7	8:41	4.9	2:11	0.3	2:02	0.1	5:43	8:20	
5	Wed	8:59	3.7	9:23	5.0	2:51	0.2	2:43	0.1	5:42	8:20	
6	Thu	9:42	3.8	10:04	5.0	3:31	0.2	3:24	0.1	5:42	8:21	
7	Fri	10:25	3.8	10:47	5.0	4:13	0.2	4:07	0.2	5:42	8:22	
8	Sat	11:09	3.8	11:30	4.9	4:56	0.2	4:53	0.2	5:42	8:22	
9	Sun	11:55	3.9			5:41	0.2	5:44	0.3	5:42	8:23	
10	Mon	12:15	4.7	12:44	3.9	6:29	0.2	6:39	0.4	5:42	8:23	
11	Tue	1:04	4.5	1:39	4.1	7:19	0.2	7:38	0.4	5:42	8:24	
12	Wed	1:58	4.3	2:38	4.3	8:11	0.1	8:40	0.4	5:42	8:24	
13	Thu	2:57	4.1	3:39	4.5	9:04	0.0	9:44	0.3	5:42	8:24	
14	Fri	3:58	4.0	4:40	4.8	9:59	-0.1	10:49	0.1	5:42	8:25	
15	Sat	4:59	3.9	5:38	5.1	10:56	-0.3	11:52	0.0	5:42	8:25	
16	Sun	5:57	3.9	6:34	5.4	11:53	-0.4			5:42	8:25	
17	Mon	6:54	3.9	7:29	5.5	12:51	-0.2	12:48	-0.5	5:42	8:26	
18	Tue	7:48	4.0	8:21	5.6	1:47	-0.4	1:42	-0.6	5:42	8:26	
19	Wed	8:42	4.0	9:13	5.5	2:39	-0.4	2:33	-0.6	5:42	8:26	
20	Thu	9:34	4.0	10:02	5.3	3:28	-0.4	3:24	-0.6	5:42	8:27	
21	Fri	10:24	4.0	10:50	5.1	4:16	-0.4	4:14	-0.4	5:43	8:27	
22	Sat	11:14	3.9	11:37	4.7	5:04	-0.2	5:05	-0.2	5:43	8:27	
23	Sun			12:02	3.8	5:51	-0.1	5:57	0.1	5:43	8:27	
24	Mon	12:23	4.4	12:52	3.8	6:37	0.1	6:50	0.4	5:44	8:27	
25	Tue	1:09	4.0	1:43	3.7	7:23	0.2	7:45	0.6	5:44	8:27	
26	Wed	1:58	3.7	2:36	3.7	8:09	0.4	8:40	0.7	5:44	8:27	
27	Thu	2:49	3.4	3:31	3.8	8:54	0.5	9:36	0.8	5:45	8:27	
28	Fri	3:43	3.3	4:25	4.0	9:40	0.5	10:32	0.8	5:45	8:27	
29	Sat	4:37	3.3	5:16	4.2	10:28	0.5	11:25	0.8	5:45	8:27	
30	Sun	5:28	3.3	6:03	4.4	11:16	0.4			5:46	8:27	