

































Sand Shoal Inlet, VA - Jul 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:16	3.4	6:48	4.6	12:15	0.6	12:03	0.3	5:46	8:27	
2	Tue	7:02	3.5	7:32	4.8	1:01	0.5	12:50	0.2	5:47	8:27	
3	Wed	7:47	3.7	8:16	5.0	1:44	0.4	1:34	0.1	5:47	8:27	
4	Thu	8:32	3.8	8:59	5.1	2:25	0.2	2:18	0.0	5:48	8:27	
5	Fri	9:17	4.0	9:42	5.2	3:07	0.1	3:02	0.0	5:48	8:27	
6	Sat	10:02	4.1	10:25	5.2	3:48	0.0	3:48	-0.1	5:49	8:26	
7	Sun	10:47	4.2	11:09	5.0	4:31	0.0	4:36	0.0	5:50	8:26	
8	Mon	11:35	4.3	11:54	4.8	5:16	0.0	5:27	0.1	5:50	8:26	
9	Tue			12:24	4.4	6:03	-0.1	6:23	0.2	5:51	8:25	
10	Wed	12:43	4.6	1:18	4.5	6:53	0.0	7:22	0.3	5:51	8:25	
11	Thu	1:35	4.2	2:16	4.5	7:45	-0.1	8:24	0.3	5:52	8:25	
12	Fri	2:33	4.0	3:19	4.7	8:40	-0.1	9:29	0.3	5:53	8:24	
13	Sat	3:36	3.7	4:22	4.8	9:37	-0.1	10:35	0.3	5:53	8:24	
14	Sun	4:39	3.7	5:24	5.0	10:36	-0.2	11:39	0.2	5:54	8:23	
15	Mon	5:40	3.7	6:21	5.1	11:35	-0.3			5:55	8:23	
16	Tue	6:38	3.7	7:15	5.2	12:39	0.0	12:33	-0.4	5:55	8:22	
17	Wed	7:32	3.9	8:06	5.3	1:33	-0.1	1:27	-0.5	5:56	8:22	
18	Thu	8:24	4.0	8:55	5.2	2:22	-0.2	2:17	-0.5	5:57	8:21	
19	Fri	9:13	4.0	9:41	5.1	3:07	-0.3	3:06	-0.4	5:58	8:21	
20	Sat	10:00	4.1	10:24	4.9	3:50	-0.2	3:52	-0.3	5:58	8:20	
21	Sun	10:46	4.1	11:07	4.6	4:32	-0.1	4:39	-0.1	5:59	8:19	
22	Mon	11:30	4.1	11:49	4.3	5:14	0.0	5:26	0.2	6:00	8:18	
23	Tue			12:15	4.0	5:55	0.2	6:15	0.4	6:01	8:18	
24	Wed	12:31	4.0	1:02	4.0	6:37	0.3	7:05	0.6	6:02	8:17	
25	Thu	1:16	3.7	1:51	3.9	7:21	0.5	7:57	0.8	6:02	8:16	
26	Fri	2:04	3.4	2:45	3.9	8:07	0.6	8:51	0.9	6:03	8:15	
27	Sat	2:57	3.3	3:41	4.0	8:55	0.6	9:47	1.0	6:04	8:15	
28	Sun	3:54	3.2	4:37	4.2	9:45	0.6	10:43	0.9	6:05	8:14	
29	Mon	4:49	3.3	5:29	4.4	10:37	0.6	11:37	0.8	6:06	8:13	
30	Tue	5:41	3.5	6:17	4.7	11:29	0.4			6:06	8:12	
31	Wed	6:31	3.7	7:03	4.9	12:27	0.6	12:20	0.3	6:07	8:11	