US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Aug 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:18	3.9	7:48	5.1	1:12	0.4	1:08	0.1	6:08	8:10	
2	Fri	8:04	4.2	8:32	5.3	1:56	0.2	1:55	-0.1	6:09	8:09	
3	Sat	8:51	4.4	9:17	5.4	2:38	0.0	2:42	-0.2	6:10	8:08	
4	Sun	9:37	4.6	10:02	5.3	3:21	-0.1	3:30	-0.2	6:11	8:07	
5	Mon	10:25	4.8	10:47	5.1	4:04	-0.2	4:19	-0.2	6:11	8:06	
6	Tue	11:13	4.9	11:34	4.9	4:49	-0.2	5:12	-0.1	6:12	8:05	
7	Wed			12:04	4.9	5:37	-0.2	6:08	0.1	6:13	8:04	
8	Thu	12:23	4.5	12:58	4.9	6:27	-0.1	7:07	0.2	6:14	8:03	
9	Fri	1:16	4.2	1:56	4.8	7:21	0.0	8:10	0.4	6:15	8:01	
10	Sat	2:15	3.8	3:01	4.8	8:19	0.0	9:16	0.4	6:16	8:00	
11	Sun	3:19	3.6	4:07	4.8	9:19	0.1	10:23	0.4	6:16	7:59	
12	Mon	4:26	3.6	5:12	4.8	10:21	0.0	11:28	0.4	6:17	7:58	
13	Tue	5:29	3.6	6:10	4.9	11:23	0.0			6:18	7:57	
14	Wed	6:27	3.8	7:02	5.0	12:27	0.2	12:21	-0.1	6:19	7:56	
15	Thu	7:18	4.0	7:50	5.0	1:17	0.1	1:14	-0.2	6:20	7:54	
16	Fri	8:06	4.1	8:34	5.0	2:02	0.0	2:02	-0.2	6:21	7:53	
17	Sat	8:51	4.3	9:16	4.9	2:42	-0.1	2:47	-0.2	6:21	7:52	
18	Sun	9:34	4.4	9:56	4.7	3:20	0.0	3:30	-0.1	6:22	7:50	
19	Mon	10:16	4.4	10:36	4.5	3:57	0.0	4:12	0.1	6:23	7:49	
20	Tue	10:57	4.4	11:15	4.3	4:34	0.2	4:55	0.3	6:24	7:48	
21	Wed	11:39	4.4	11:56	4.0	5:13	0.3	5:40	0.5	6:25	7:46	
22	Thu			12:22	4.3	5:53	0.5	6:27	0.7	6:26	7:45	
23	Fri	12:38	3.7	1:09	4.2	6:36	0.6	7:17	0.9	6:26	7:44	
24	Sat	1:24	3.5	2:00	4.1	7:22	0.8	8:10	1.1	6:27	7:42	
25	Sun	2:16	3.4	2:57	4.1	8:12	0.8	9:06	1.1	6:28	7:41	
26	Mon	3:13	3.3	3:56	4.3	9:06	0.8	10:02	1.1	6:29	7:40	
27	Tue	4:12	3.4	4:52	4.5	10:01	0.7	10:58	0.9	6:30	7:38	
28	Wed	5:08	3.7	5:44	4.7	10:57	0.6	11:50	0.7	6:31	7:37	
29	Thu	6:00	4.0	6:32	5.0	11:52	0.3			6:31	7:35	
30	Fri	6:49	4.3	7:19	5.2	12:38	0.5	12:44	0.1	6:32	7:34	
31	Sat	7:37	4.7	8:05	5.4	1:23	0.2	1:34	-0.1	6:33	7:32	