
































## Sand Shoal Inlet, VA - Sep 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:25	5.0	8:51	5.4	2:07	-0.1	2:23	-0.3	6:34	7:31	
2	Mon	9:13	5.3	9:37	5.3	2:51	-0.2	3:12	-0.4	6:35	7:29	
3	Tue	10:02	5.4	10:25	5.1	3:36	-0.3	4:03	-0.3	6:36	7:28	
4	Wed	10:52	5.5	11:13	4.8	4:22	-0.3	4:56	-0.2	6:36	7:26	
5	Thu	11:43	5.4			5:11	-0.2	5:53	0.0	6:37	7:25	
6	Fri	12:04	4.5	12:38	5.3	6:04	-0.1	6:53	0.2	6:38	7:23	
7	Sat	12:59	4.1	1:38	5.0	7:00	0.1	7:57	0.4	6:39	7:22	
8	Sun	1:59	3.8	2:43	4.8	8:01	0.2	9:03	0.5	6:40	7:20	
9	Mon	3:06	3.6	3:52	4.7	9:05	0.3	10:10	0.5	6:40	7:19	
10	Tue	4:16	3.6	4:59	4.7	10:10	0.3	11:13	0.5	6:41	7:17	
11	Wed	5:21	3.7	5:57	4.7	11:13	0.2			6:42	7:16	
12	Thu	6:16	4.0	6:46	4.7	12:09	0.4	12:11	0.2	6:43	7:14	
13	Fri	7:03	4.2	7:29	4.7	12:55	0.3	1:01	0.1	6:44	7:13	
14	Sat	7:45	4.4	8:09	4.7	1:35	0.2	1:46	0.0	6:45	7:11	
15	Sun	8:26	4.6	8:48	4.6	2:11	0.1	2:28	0.0	6:45	7:10	
16	Mon	9:06	4.7	9:26	4.5	2:46	0.1	3:07	0.1	6:46	7:08	
17	Tue	9:45	4.7	10:04	4.4	3:21	0.2	3:47	0.2	6:47	7:07	
18	Wed	10:25	4.7	10:43	4.2	3:56	0.3	4:27	0.4	6:48	7:05	
19	Thu	11:05	4.7	11:23	4.0	4:33	0.4	5:08	0.6	6:49	7:04	
20	Fri	11:47	4.6			5:12	0.6	5:53	0.8	6:49	7:02	
21	Sat	12:04	3.8	12:32	4.5	5:55	0.7	6:41	1.0	6:50	7:01	
22	Sun	12:49	3.6	1:21	4.4	6:42	0.9	7:33	1.1	6:51	6:59	
23	Mon	1:39	3.5	2:15	4.3	7:34	0.9	8:28	1.1	6:52	6:57	
24	Tue	2:36	3.5	3:14	4.4	8:30	0.9	9:24	1.1	6:53	6:56	
25	Wed	3:37	3.6	4:13	4.5	9:28	0.8	10:19	0.9	6:54	6:54	
26	Thu	4:36	3.9	5:08	4.7	10:27	0.7	11:12	0.7	6:55	6:53	
27	Fri	5:31	4.3	5:59	5.0	11:24	0.4			6:55	6:51	
28	Sat	6:22	4.7	6:48	5.2	12:02	0.4	12:20	0.1	6:56	6:50	
29	Sun	7:11	5.2	7:36	5.3	12:50	0.1	1:13	-0.1	6:57	6:48	
30	Mon	8:00	5.5	8:25	5.3	1:36	-0.2	2:05	-0.3	6:58	6:47	