US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Jan 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:04	4.3	11:30	3.6	4:35	-0.4	5:17	-0.3	7:17	4:56	
2	Thu	11:51	3.9			5:29	-0.1	6:05	-0.1	7:17	4:57	
3	Fri	12:22	3.5	12:40	3.6	6:24	0.1	6:53	0.0	7:17	4:58	
4	Sat	1:16	3.4	1:31	3.3	7:21	0.4	7:41	0.1	7:17	4:59	
5	Sun	2:13	3.4	2:26	3.0	8:18	0.5	8:29	0.2	7:17	4:59	
6	Mon	3:11	3.5	3:21	3.0	9:16	0.6	9:18	0.2	7:17	5:00	
7	Tue	4:05	3.7	4:14	3.0	10:12	0.5	10:07	0.2	7:17	5:01	
8	Wed	4:54	3.9	5:03	3.1	11:04	0.5	10:54	0.1	7:17	5:02	
9	Thu	5:39	4.1	5:49	3.2	11:50	0.3	11:40	-0.1	7:17	5:03	
10	Fri	6:22	4.3	6:33	3.4			12:32	0.2	7:16	5:04	
11	Sat	7:04	4.5	7:16	3.5	12:23	-0.2	1:11	0.1	7:16	5:05	
12	Sun	7:46	4.7	7:59	3.6	1:06	-0.3	1:51	-0.1	7:16	5:06	
13	Mon	8:27	4.7	8:42	3.7	1:47	-0.4	2:30	-0.1	7:16	5:07	
14	Tue	9:08	4.8	9:25	3.8	2:30	-0.4	3:11	-0.2	7:16	5:08	
15	Wed	9:49	4.7	10:09	3.9	3:14	-0.3	3:53	-0.2	7:15	5:09	
16	Thu	10:31	4.5	10:55	4.0	4:01	-0.3	4:37	-0.2	7:15	5:10	
17	Fri	11:16	4.3	11:45	4.0	4:52	-0.2	5:24	-0.2	7:14	5:11	
18	Sat			12:05	4.0	5:48	-0.1	6:15	-0.2	7:14	5:12	
19	Sun	12:41	4.1	1:00	3.7	6:48	0.0	7:09	-0.2	7:14	5:13	
20	Mon	1:42	4.1	2:01	3.5	7:51	0.1	8:06	-0.3	7:13	5:14	
21	Tue	2:47	4.3	3:06	3.4	8:57	0.0	9:06	-0.4	7:13	5:15	
22	Wed	3:52	4.4	4:10	3.4	10:04	-0.1	10:07	-0.5	7:12	5:16	
23	Thu	4:53	4.7	5:10	3.5	11:07	-0.2	11:07	-0.7	7:11	5:17	
24	Fri	5:50	4.8	6:07	3.6			12:05	-0.4	7:11	5:19	
25	Sat	6:44	4.9	7:00	3.8	12:04	-0.9	12:57	-0.6	7:10	5:20	
26	Sun	7:34	5.0	7:51	3.9	12:57	-1.0	1:45	-0.7	7:10	5:21	
27	Mon	8:22	4.9	8:39	3.9	1:47	-1.0	2:30	-0.7	7:09	5:22	
28	Tue	9:07	4.7	9:26	3.9	2:35	-0.9	3:13	-0.6	7:08	5:23	
29	Wed	9:51	4.4	10:11	3.9	3:22	-0.7	3:56	-0.5	7:07	5:24	
30	Thu	10:34	4.1	10:56	3.8	4:09	-0.5	4:38	-0.3	7:07	5:25	
31	Fri	11:16	3.8	11:42	3.6	4:57	-0.2	5:22	-0.1	7:06	5:26	