US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Mar 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:43	3.7	11:05	4.0	4:26	-0.1	4:39	0.0	6:33	5:57	
2	Sun	11:25	3.4	11:51	3.8	5:11	0.1	5:22	0.2	6:31	5:58	
3	Mon			12:09	3.2	5:59	0.4	6:07	0.3	6:30	5:59	
4	Tue	12:40	3.7	12:59	3.0	6:50	0.6	6:57	0.5	6:29	6:00	
5	Wed	1:35	3.6	1:54	2.9	7:44	0.7	7:50	0.5	6:27	6:01	
6	Thu	2:35	3.6	2:53	3.0	8:41	0.7	8:46	0.5	6:26	6:02	
7	Fri	3:34	3.8	3:51	3.2	9:37	0.7	9:42	0.3	6:24	6:03	
8	Sat	4:28	4.0	4:44	3.4	10:30	0.5	10:37	0.1	6:23	6:04	
9	Sun	6:17	4.2	6:33	3.8			12:19	0.3	7:21	7:05	
10	Mon	7:04	4.5	7:20	4.1	12:28	-0.1	1:05	0.0	7:20	7:05	
11	Tue	7:49	4.7	8:06	4.5	1:17	-0.3	1:48	-0.2	7:18	7:06	
12	Wed	8:33	4.8	8:52	4.8	2:05	-0.5	2:31	-0.4	7:17	7:07	
13	Thu	9:18	4.8	9:38	5.0	2:52	-0.7	3:14	-0.5	7:15	7:08	
14	Fri	10:04	4.7	10:26	5.1	3:40	-0.7	3:58	-0.6	7:14	7:09	
15	Sat	10:50	4.5	11:15	5.1	4:30	-0.6	4:45	-0.5	7:13	7:10	
16	Sun	11:39	4.3			5:23	-0.5	5:35	-0.4	7:11	7:11	
17	Mon	12:07	4.9	12:30	3.9	6:19	-0.3	6:30	-0.3	7:10	7:12	
18	Tue	1:02	4.7	1:27	3.6	7:19	-0.1	7:29	-0.2	7:08	7:13	
19	Wed	2:04	4.5	2:30	3.4	8:23	0.1	8:31	-0.1	7:07	7:14	
20	Thu	3:11	4.3	3:39	3.3	9:28	0.1	9:37	0.0	7:05	7:15	
21	Fri	4:21	4.2	4:47	3.4	10:34	0.1	10:43	-0.1	7:04	7:16	
22	Sat	5:25	4.2	5:48	3.6	11:35	0.1	11:46	-0.2	7:02	7:16	
23	Sun	6:21	4.2	6:41	3.9			12:28	-0.1	7:01	7:17	
24	Mon	7:10	4.3	7:27	4.1	12:42	-0.3	1:14	-0.2	6:59	7:18	
25	Tue	7:54	4.2	8:10	4.3	1:31	-0.4	1:54	-0.2	6:58	7:19	
26	Wed	8:35	4.2	8:51	4.4	2:16	-0.4	2:32	-0.3	6:56	7:20	
27	Thu	9:15	4.1	9:31	4.5	2:57	-0.4	3:08	-0.2	6:55	7:21	
28	Fri	9:54	4.0	10:11	4.5	3:37	-0.3	3:45	-0.1	6:53	7:22	
29	Sat	10:33	3.9	10:52	4.4	4:16	-0.2	4:22	0.0	6:52	7:23	
30	Sun	11:13	3.7	11:33	4.3	4:57	0.0	5:01	0.2	6:50	7:24	
31	Mon	11:53	3.5			5:40	0.3	5:42	0.3	6:49	7:25	