US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - May 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:30	4.3	12:54	3.4	6:43	0.6	6:43	0.7	6:07	7:52	
2	Fri	1:17	4.1	1:45	3.4	7:31	0.7	7:37	0.7	6:06	7:53	
3	Sat	2:09	4.1	2:40	3.5	8:22	0.7	8:34	0.7	6:05	7:54	
4	Sun	3:06	4.0	3:38	3.7	9:14	0.6	9:33	0.6	6:04	7:55	
5	Mon	4:03	4.1	4:35	4.1	10:06	0.4	10:33	0.4	6:03	7:56	
6	Tue	4:59	4.2	5:29	4.5	10:58	0.2	11:31	0.1	6:02	7:57	
7	Wed	5:53	4.3	6:21	5.0	11:50	-0.1			6:01	7:58	
8	Thu	6:45	4.5	7:12	5.4	12:28	-0.2	12:41	-0.3	6:00	7:59	
9	Fri	7:36	4.5	8:04	5.7	1:23	-0.4	1:31	-0.5	5:59	8:00	
10	Sat	8:28	4.5	8:55	5.9	2:16	-0.6	2:21	-0.7	5:58	8:00	
11	Sun	9:20	4.5	9:48	5.9	3:08	-0.7	3:11	-0.7	5:57	8:01	
12	Mon	10:13	4.4	10:41	5.7	4:01	-0.7	4:03	-0.6	5:56	8:02	
13	Tue	11:06	4.2	11:34	5.4	4:55	-0.5	4:57	-0.5	5:55	8:03	
14	Wed			12:01	4.0	5:51	-0.4	5:55	-0.3	5:54	8:04	
15	Thu	12:29	5.1	12:59	3.9	6:48	-0.2	6:56	-0.1	5:53	8:05	
16	Fri	1:26	4.6	2:00	3.7	7:47	0.0	7:59	0.1	5:53	8:06	
17	Sat	2:26	4.3	3:06	3.7	8:44	0.1	9:04	0.3	5:52	8:06	
18	Sun	3:29	3.9	4:10	3.8	9:40	0.1	10:09	0.3	5:51	8:07	
19	Mon	4:30	3.7	5:08	4.0	10:32	0.2	11:11	0.3	5:50	8:08	
20	Tue	5:24	3.6	5:56	4.2	11:21	0.2			5:50	8:09	
21	Wed	6:11	3.6	6:39	4.3	12:06	0.3	12:05	0.2	5:49	8:10	
22	Thu	6:54	3.6	7:19	4.5	12:54	0.2	12:46	0.1	5:48	8:11	
23	Fri	7:35	3.6	7:58	4.7	1:35	0.2	1:26	0.1	5:48	8:11	
24	Sat	8:16	3.6	8:38	4.7	2:14	0.1	2:04	0.1	5:47	8:12	
25	Sun	8:57	3.7	9:19	4.8	2:51	0.1	2:42	0.1	5:47	8:13	
26	Mon	9:38	3.7	9:59	4.8	3:29	0.2	3:21	0.2	5:46	8:14	
27	Tue	10:19	3.6	10:40	4.7	4:07	0.2	4:00	0.3	5:46	8:14	
28	Wed	11:01	3.6	11:20	4.6	4:48	0.3	4:42	0.4	5:45	8:15	
29	Thu	11:43	3.6			5:29	0.4	5:26	0.5	5:45	8:16	
30	Fri	12:02	4.5	12:27	3.6	6:13	0.5	6:14	0.6	5:44	8:16	
31	Sat	12:46	4.3	1:15	3.6	6:59	0.5	7:07	0.6	5:44	8:17	