US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Jun 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:34	4.2	2:08	3.8	7:47	0.5	8:04	0.6	5:43	8:18	
2	Mon	2:27	4.1	3:05	4.0	8:37	0.4	9:04	0.6	5:43	8:18	
3	Tue	3:24	4.1	4:03	4.4	9:29	0.2	10:05	0.4	5:43	8:19	
4	Wed	4:23	4.1	5:01	4.8	10:22	0.0	11:06	0.2	5:43	8:20	
5	Thu	5:20	4.1	5:56	5.2	11:17	-0.2			5:42	8:20	
6	Fri	6:16	4.2	6:50	5.5	12:07	-0.1	12:12	-0.4	5:42	8:21	
7	Sat	7:11	4.3	7:44	5.8	1:04	-0.3	1:06	-0.6	5:42	8:21	
8	Sun	8:06	4.3	8:37	5.9	1:59	-0.5	1:59	-0.7	5:42	8:22	
9	Mon	9:01	4.3	9:31	5.9	2:53	-0.6	2:52	-0.8	5:42	8:22	
10	Tue	9:55	4.3	10:24	5.7	3:45	-0.6	3:45	-0.7	5:42	8:23	
11	Wed	10:49	4.2	11:16	5.4	4:38	-0.6	4:40	-0.6	5:42	8:23	
12	Thu	11:43	4.1			5:31	-0.4	5:36	-0.3	5:42	8:24	
13	Fri	12:08	5.0	12:38	4.0	6:25	-0.3	6:35	-0.1	5:42	8:24	
14	Sat	1:01	4.5	1:35	3.9	7:18	-0.1	7:36	0.2	5:42	8:25	
15	Sun	1:55	4.1	2:35	3.9	8:11	0.0	8:38	0.4	5:42	8:25	
16	Mon	2:52	3.8	3:36	3.9	9:02	0.2	9:39	0.5	5:42	8:25	
17	Tue	3:49	3.5	4:33	4.0	9:52	0.2	10:40	0.5	5:42	8:26	
18	Wed	4:44	3.4	5:24	4.1	10:40	0.3	11:37	0.5	5:42	8:26	
19	Thu	5:34	3.3	6:09	4.3	11:26	0.3			5:42	8:26	
20	Fri	6:20	3.3	6:51	4.5	12:26	0.5	12:11	0.3	5:42	8:26	
21	Sat	7:04	3.4	7:33	4.6	1:10	0.4	12:54	0.2	5:43	8:27	
22	Sun	7:47	3.5	8:14	4.7	1:49	0.3	1:35	0.2	5:43	8:27	
23	Mon	8:30	3.6	8:55	4.8	2:27	0.3	2:15	0.1	5:43	8:27	
24	Tue	9:12	3.7	9:35	4.8	3:04	0.3	2:55	0.1	5:43	8:27	
25	Wed	9:54	3.7	10:15	4.8	3:42	0.2	3:36	0.2	5:44	8:27	
26	Thu	10:35	3.8	10:55	4.8	4:21	0.3	4:18	0.3	5:44	8:27	
27	Fri	11:17	3.8	11:36	4.6	5:02	0.3	5:02	0.4	5:45	8:27	
28	Sat			12:01	3.9	5:44	0.3	5:50	0.4	5:45	8:27	
29	Sun	12:18	4.5	12:47	4.0	6:28	0.3	6:42	0.5	5:45	8:27	
30	Mon	1:04	4.3	1:39	4.1	7:15	0.3	7:39	0.5	5:46	8:27	