US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Jul 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:55	4.1	2:35	4.3	8:05	0.2	8:39	0.5	5:46	8:27	
2	Wed	2:52	4.0	3:35	4.6	8:58	0.1	9:42	0.4	5:47	8:27	
3	Thu	3:53	3.9	4:36	4.9	9:53	0.0	10:45	0.2	5:47	8:27	
4	Fri	4:54	3.9	5:35	5.2	10:51	-0.2	11:48	0.0	5:48	8:27	
5	Sat	5:54	4.0	6:32	5.5	11:49	-0.4			5:48	8:27	
6	Sun	6:51	4.1	7:27	5.7	12:48	-0.2	12:46	-0.6	5:49	8:26	
7	Mon	7:47	4.2	8:21	5.7	1:43	-0.4	1:42	-0.7	5:49	8:26	
8	Tue	8:42	4.3	9:14	5.7	2:36	-0.5	2:36	-0.8	5:50	8:26	
9	Wed	9:36	4.3	10:05	5.5	3:26	-0.6	3:29	-0.7	5:51	8:26	
10	Thu	10:29	4.3	10:55	5.2	4:16	-0.5	4:21	-0.5	5:51	8:25	
11	Fri	11:20	4.3	11:43	4.8	5:05	-0.4	5:15	-0.3	5:52	8:25	
12	Sat			12:11	4.2	5:54	-0.3	6:10	0.0	5:53	8:24	
13	Sun	12:31	4.4	1:03	4.1	6:43	-0.1	7:07	0.2	5:53	8:24	
14	Mon	1:20	4.0	1:57	4.0	7:32	0.1	8:04	0.5	5:54	8:23	
15	Tue	2:11	3.6	2:53	3.9	8:20	0.3	9:03	0.7	5:55	8:23	
16	Wed	3:06	3.4	3:51	4.0	9:09	0.4	10:02	0.7	5:55	8:22	
17	Thu	4:02	3.2	4:46	4.1	9:58	0.4	10:59	0.8	5:56	8:22	
18	Fri	4:56	3.2	5:36	4.2	10:48	0.5	11:52	0.7	5:57	8:21	
19	Sat	5:47	3.3	6:22	4.4	11:36	0.4			5:58	8:21	
20	Sun	6:33	3.4	7:06	4.6	12:38	0.6	12:23	0.3	5:58	8:20	
21	Mon	7:18	3.6	7:48	4.8	1:20	0.5	1:08	0.2	5:59	8:19	
22	Tue	8:02	3.7	8:29	4.9	1:58	0.4	1:50	0.1	6:00	8:19	
23	Wed	8:45	3.9	9:10	5.0	2:36	0.3	2:32	0.1	6:01	8:18	
24	Thu	9:27	4.0	9:50	5.0	3:14	0.2	3:13	0.1	6:01	8:17	
25	Fri	10:09	4.2	10:30	4.9	3:52	0.2	3:56	0.1	6:02	8:16	
26	Sat	10:51	4.3	11:10	4.8	4:32	0.1	4:41	0.2	6:03	8:16	
27	Sun	11:35	4.4	11:53	4.6	5:14	0.1	5:29	0.3	6:04	8:15	
28	Mon			12:22	4.4	5:58	0.2	6:22	0.4	6:05	8:14	
29	Tue	12:38	4.4	1:13	4.5	6:45	0.2	7:19	0.5	6:05	8:13	
30	Wed	1:29	4.1	2:10	4.6	7:37	0.2	8:20	0.5	6:06	8:12	
31	Thu	2:27	3.9	3:12	4.7	8:32	0.1	9:24	0.5	6:07	8:11	