US HARBORS www.USHarbors.com

Sand Shoal Inlet, VA - Aug 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:30	3.8	4:16	4.9	9:31	0.0	10:29	0.4	6:08	8:10	
2	Sat	4:35	3.8	5:18	5.1	10:32	-0.1	11:32	0.2	6:09	8:09	
3	Sun	5:37	3.9	6:17	5.3	11:33	-0.3			6:10	8:08	
4	Mon	6:36	4.1	7:12	5.5	12:32	0.0	12:32	-0.4	6:10	8:07	
5	Tue	7:32	4.2	8:05	5.5	1:27	-0.2	1:28	-0.6	6:11	8:06	
6	Wed	8:25	4.4	8:55	5.4	2:17	-0.4	2:21	-0.6	6:12	8:05	
7	Thu	9:16	4.5	9:43	5.3	3:04	-0.4	3:12	-0.6	6:13	8:04	
8	Fri	10:05	4.6	10:29	5.0	3:49	-0.4	4:02	-0.4	6:14	8:03	
9	Sat	10:53	4.6	11:14	4.7	4:34	-0.3	4:51	-0.2	6:15	8:02	
10	Sun	11:40	4.5	11:58	4.3	5:18	-0.1	5:41	0.1	6:15	8:01	
11	Mon			12:27	4.3	6:03	0.1	6:33	0.4	6:16	7:59	
12	Tue	12:44	3.9	1:16	4.2	6:49	0.3	7:27	0.6	6:17	7:58	
13	Wed	1:31	3.6	2:09	4.1	7:36	0.5	8:22	0.8	6:18	7:57	
14	Thu	2:24	3.4	3:06	4.0	8:25	0.6	9:19	1.0	6:19	7:56	
15	Fri	3:20	3.2	4:04	4.1	9:17	0.7	10:16	1.0	6:20	7:55	
16	Sat	4:18	3.3	5:00	4.2	10:09	0.7	11:11	0.9	6:20	7:53	
17	Sun	5:13	3.4	5:50	4.4	11:02	0.6			6:21	7:52	
18	Mon	6:03	3.6	6:35	4.6	12:00	0.8	11:52 AM	0.5	6:22	7:51	
19	Tue	6:49	3.8	7:18	4.8	12:44	0.7	12:40	0.4	6:23	7:49	
20	Wed	7:33	4.1	8:00	5.0	1:24	0.5	1:25	0.2	6:24	7:48	
21	Thu	8:16	4.3	8:41	5.1	2:03	0.3	2:08	0.1	6:25	7:47	
22	Fri	8:59	4.6	9:22	5.1	2:42	0.2	2:51	0.0	6:25	7:45	
23	Sat	9:42	4.7	10:03	5.0	3:21	0.1	3:35	0.0	6:26	7:44	
24	Sun	10:26	4.9	10:46	4.9	4:01	0.0	4:22	0.1	6:27	7:43	
25	Mon	11:11	5.0	11:30	4.7	4:44	0.0	5:11	0.2	6:28	7:41	
26	Tue	11:59	5.0			5:29	0.1	6:05	0.3	6:29	7:40	
27	Wed	12:17	4.4	12:51	5.0	6:19	0.1	7:03	0.4	6:30	7:38	
28	Thu	1:10	4.1	1:49	4.9	7:14	0.2	8:05	0.5	6:30	7:37	
29	Fri	2:09	3.9	2:53	4.9	8:12	0.2	9:09	0.5	6:31	7:36	
30	Sat	3:15	3.8	4:00	4.9	9:15	0.2	10:15	0.5	6:32	7:34	
31	Sun	4:23	3.8	5:05	5.0	10:19	0.1	11:18	0.3	6:33	7:33	