
































Sand Shoal Inlet, VA - Sep 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:26	4.0	6:04	5.1	11:22	0.0			6:34	7:31	
2	Tue	6:24	4.2	6:58	5.2	12:16	0.1	12:22	-0.2	6:35	7:30	
3	Wed	7:18	4.5	7:47	5.2	1:08	0.0	1:17	-0.3	6:35	7:28	
4	Thu	8:07	4.7	8:34	5.1	1:55	-0.2	2:07	-0.4	6:36	7:27	
5	Fri	8:54	4.8	9:18	5.0	2:38	-0.2	2:55	-0.3	6:37	7:25	
6	Sat	9:39	4.9	10:01	4.7	3:19	-0.2	3:41	-0.2	6:38	7:24	
7	Sun	10:23	4.8	10:43	4.5	4:00	-0.1	4:26	0.0	6:39	7:22	
8	Mon	11:07	4.8	11:26	4.2	4:40	0.1	5:12	0.2	6:39	7:21	
9	Tue	11:51	4.6			5:22	0.3	5:59	0.5	6:40	7:19	
10	Wed	12:09	3.9	12:37	4.4	6:05	0.5	6:49	0.8	6:41	7:18	
11	Thu	12:54	3.6	1:27	4.3	6:52	0.7	7:41	1.0	6:42	7:16	
12	Fri	1:45	3.4	2:21	4.1	7:43	0.8	8:36	1.1	6:43	7:15	
13	Sat	2:41	3.4	3:20	4.1	8:36	0.9	9:32	1.1	6:44	7:13	
14	Sun	3:40	3.4	4:19	4.2	9:31	0.9	10:26	1.1	6:44	7:12	
15	Mon	4:38	3.6	5:12	4.4	10:26	0.8	11:17	0.9	6:45	7:10	
16	Tue	5:30	3.8	6:00	4.6	11:20	0.7			6:46	7:09	
17	Wed	6:18	4.1	6:44	4.8	12:03	0.7	12:10	0.5	6:47	7:07	
18	Thu	7:03	4.5	7:27	5.0	12:46	0.5	12:58	0.3	6:48	7:06	
19	Fri	7:47	4.8	8:10	5.1	1:27	0.3	1:44	0.1	6:48	7:04	
20	Sat	8:31	5.1	8:53	5.1	2:08	0.1	2:30	0.0	6:49	7:02	
21	Sun	9:15	5.4	9:37	5.0	2:49	0.0	3:16	-0.1	6:50	7:01	
22	Mon	10:01	5.5	10:23	4.9	3:32	-0.1	4:04	-0.1	6:51	6:59	
23	Tue	10:49	5.5	11:10	4.6	4:17	-0.1	4:55	0.0	6:52	6:58	
24	Wed	11:39	5.5			5:05	0.0	5:50	0.2	6:53	6:56	
25	Thu	12:00	4.4	12:33	5.3	5:57	0.1	6:49	0.3	6:53	6:55	
26	Fri	12:55	4.1	1:32	5.1	6:55	0.2	7:52	0.5	6:54	6:53	
27	Sat	1:56	3.9	2:36	4.9	7:57	0.3	8:56	0.5	6:55	6:52	
28	Sun	3:04	3.8	3:45	4.8	9:02	0.3	10:00	0.5	6:56	6:50	
29	Mon	4:14	3.9	4:50	4.8	10:08	0.3	11:02	0.4	6:57	6:49	
30	Tue	5:18	4.1	5:49	4.8	11:13	0.2	11:57	0.2	6:58	6:47	