

































## Sand Shoal Inlet, VA - Oct 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:13	4.4	6:40	4.8			12:12	0.1	6:59	6:46	
2	Thu	7:03	4.6	7:26	4.8	12:45	0.1	1:05	0.0	6:59	6:44	
3	Fri	7:48	4.8	8:10	4.7	1:29	0.0	1:53	-0.1	7:00	6:43	
4	Sat	8:31	5.0	8:51	4.6	2:09	-0.1	2:37	-0.1	7:01	6:41	
5	Sun	9:13	5.0	9:32	4.4	2:48	0.0	3:19	0.0	7:02	6:40	
6	Mon	9:54	5.0	10:13	4.2	3:26	0.0	4:01	0.1	7:03	6:38	
7	Tue	10:36	4.9	10:54	4.0	4:04	0.2	4:43	0.3	7:04	6:37	
8	Wed	11:18	4.8	11:37	3.8	4:44	0.4	5:27	0.6	7:05	6:35	
9	Thu			12:02	4.6	5:26	0.6	6:14	0.8	7:06	6:34	
10	Fri	12:21	3.6	12:49	4.4	6:12	0.8	7:03	1.0	7:06	6:32	
11	Sat	1:09	3.5	1:40	4.3	7:02	0.9	7:55	1.1	7:07	6:31	
12	Sun	2:03	3.4	2:36	4.2	7:56	1.0	8:48	1.1	7:08	6:30	
13	Mon	3:02	3.5	3:33	4.2	8:52	1.0	9:41	1.0	7:09	6:28	
14	Tue	4:01	3.7	4:29	4.3	9:49	0.9	10:31	0.9	7:10	6:27	
15	Wed	4:55	4.0	5:20	4.5	10:45	0.8	11:20	0.6	7:11	6:25	
16	Thu	5:45	4.4	6:07	4.7	11:39	0.5			7:12	6:24	
17	Fri	6:32	4.8	6:53	4.8	12:06	0.4	12:31	0.3	7:13	6:23	
18	Sat	7:18	5.2	7:39	4.9	12:51	0.1	1:20	0.0	7:14	6:21	
19	Sun	8:04	5.5	8:25	4.9	1:35	-0.1	2:09	-0.2	7:15	6:20	
20	Mon	8:51	5.8	9:13	4.9	2:20	-0.3	2:58	-0.3	7:16	6:19	
21	Tue	9:40	5.9	10:01	4.7	3:05	-0.3	3:48	-0.3	7:17	6:17	
22	Wed	10:30	5.9	10:52	4.5	3:53	-0.3	4:40	-0.2	7:18	6:16	
23	Thu	11:22	5.7	11:45	4.3	4:44	-0.2	5:36	0.0	7:19	6:15	
24	Fri			12:17	5.4	5:39	-0.1	6:35	0.1	7:20	6:14	
25	Sat	12:42	4.0	1:15	5.1	6:39	0.1	7:37	0.3	7:21	6:13	
26	Sun	1:44	3.9	2:18	4.8	7:43	0.2	8:39	0.3	7:22	6:11	
27	Mon	2:52	3.8	3:25	4.6	8:49	0.3	9:41	0.3	7:23	6:10	
28	Tue	4:02	3.9	4:30	4.4	9:56	0.3	10:39	0.2	7:24	6:09	
29	Wed	5:05	4.1	5:28	4.3	11:01	0.3	11:31	0.2	7:25	6:08	
30	Thu	5:59	4.4	6:18	4.3			12:00	0.2	7:26	6:07	
31	Fri	6:45	4.6	7:02	4.2	12:18	0.1	12:52	0.1	7:27	6:06	