
































Sand Shoal Inlet, VA - Nov 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:28	4.8	7:44	4.1	1:01	0.0	1:38	0.1	7:28	6:05	
2	Sun	7:08	4.9	7:24	4.1	1:40	0.0	1:19	0.1	6:29	5:04	
3	Mon	7:48	5.0	8:05	4.0	1:17	0.0	1:58	0.1	6:30	5:02	
4	Tue	8:28	4.9	8:45	3.9	1:55	0.1	2:37	0.2	6:31	5:01	
5	Wed	9:09	4.9	9:26	3.8	2:32	0.2	3:17	0.3	6:32	5:01	
6	Thu	9:50	4.8	10:08	3.7	3:11	0.3	3:58	0.5	6:33	5:00	
7	Fri	10:32	4.6	10:51	3.6	3:52	0.5	4:42	0.6	6:34	4:59	
8	Sat	11:16	4.4	11:37	3.5	4:37	0.6	5:29	0.8	6:35	4:58	
9	Sun			12:02	4.3	5:25	0.8	6:17	0.8	6:36	4:57	
10	Mon	12:27	3.4	12:53	4.2	6:18	0.9	7:07	0.8	6:37	4:56	
11	Tue	1:23	3.5	1:47	4.1	7:14	0.9	7:57	0.8	6:38	4:55	
12	Wed	2:20	3.7	2:43	4.1	8:12	0.8	8:47	0.6	6:39	4:54	
13	Thu	3:17	4.0	3:37	4.2	9:10	0.7	9:37	0.4	6:40	4:54	
14	Fri	4:10	4.4	4:29	4.3	10:08	0.4	10:27	0.1	6:41	4:53	
15	Sat	5:01	4.9	5:20	4.4	11:04	0.2	11:16	-0.1	6:42	4:52	
16	Sun	5:50	5.3	6:09	4.5	11:58	-0.1			6:43	4:52	
17	Mon	6:40	5.6	7:00	4.6	12:05	-0.4	12:50	-0.3	6:44	4:51	
18	Tue	7:30	5.9	7:51	4.5	12:54	-0.6	1:41	-0.5	6:45	4:50	
19	Wed	8:21	5.9	8:42	4.5	1:43	-0.7	2:33	-0.5	6:46	4:50	
20	Thu	9:13	5.9	9:35	4.3	2:34	-0.7	3:26	-0.5	6:47	4:49	
21	Fri	10:06	5.7	10:30	4.2	3:27	-0.6	4:21	-0.3	6:49	4:49	
22	Sat	11:00	5.3	11:27	4.0	4:23	-0.4	5:18	-0.2	6:50	4:48	
23	Sun	11:56	4.9			5:23	-0.2	6:16	-0.1	6:51	4:48	
24	Mon	12:27	3.8	12:56	4.5	6:26	0.0	7:15	0.0	6:52	4:47	
25	Tue	1:33	3.8	1:58	4.1	7:32	0.2	8:13	0.1	6:53	4:47	
26	Wed	2:41	3.8	3:01	3.9	8:38	0.3	9:08	0.1	6:54	4:46	
27	Thu	3:44	4.0	3:59	3.7	9:43	0.3	10:00	0.1	6:55	4:46	
28	Fri	4:38	4.2	4:50	3.6	10:43	0.3	10:47	0.0	6:55	4:46	
29	Sat	5:24	4.3	5:35	3.6	11:35	0.2	11:31	0.0	6:56	4:46	
30	Sun	6:05	4.5	6:17	3.6			12:20	0.2	6:57	4:45	