

## Sand Shoal Inlet, VA - Jul 2074

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 1:27  | 4.4 | 2:03  | 4.1 | 7:41  | 0.2  | 8:03  | 0.4  | 5:46                                                                                | 8:27 |    |
| 2    | Mon | 2:22  | 4.2 | 3:02  | 4.3 | 8:33  | 0.1  | 9:05  | 0.4  | 5:47                                                                                | 8:27 |    |
| 3    | Tue | 3:21  | 4.1 | 4:04  | 4.6 | 9:26  | 0.0  | 10:10 | 0.3  | 5:47                                                                                | 8:27 |    |
| 4    | Wed | 4:22  | 4.0 | 5:03  | 4.9 | 10:22 | -0.1 | 11:14 | 0.1  | 5:48                                                                                | 8:27 |    |
| 5    | Thu | 5:22  | 3.9 | 6:01  | 5.2 | 11:18 | -0.3 |       |      | 5:48                                                                                | 8:27 |    |
| 6    | Fri | 6:20  | 3.9 | 6:56  | 5.5 | 12:16 | -0.1 | 12:15 | -0.4 | 5:49                                                                                | 8:26 |    |
| 7    | Sat | 7:16  | 4.0 | 7:50  | 5.6 | 1:14  | -0.3 | 1:10  | -0.6 | 5:49                                                                                | 8:26 |    |
| 8    | Sun | 8:11  | 4.0 | 8:43  | 5.6 | 2:09  | -0.4 | 2:03  | -0.6 | 5:50                                                                                | 8:26 |    |
| 9    | Mon | 9:04  | 4.0 | 9:35  | 5.5 | 3:00  | -0.4 | 2:55  | -0.6 | 5:51                                                                                | 8:26 |    |
| 10   | Tue | 9:56  | 4.0 | 10:25 | 5.3 | 3:50  | -0.4 | 3:46  | -0.5 | 5:51                                                                                | 8:25 |    |
| 11   | Wed | 10:47 | 4.0 | 11:13 | 5.0 | 4:38  | -0.3 | 4:37  | -0.3 | 5:52                                                                                | 8:25 |    |
| 12   | Thu | 11:36 | 3.9 |       |     | 5:26  | -0.2 | 5:29  | -0.1 | 5:53                                                                                | 8:24 |   |
| 13   | Fri | 12:00 | 4.7 | 12:26 | 3.8 | 6:14  | 0.0  | 6:23  | 0.2  | 5:53                                                                                | 8:24 |  |
| 14   | Sat | 12:47 | 4.3 | 1:17  | 3.8 | 7:02  | 0.2  | 7:18  | 0.4  | 5:54                                                                                | 8:23 |  |
| 15   | Sun | 1:35  | 3.9 | 2:10  | 3.7 | 7:48  | 0.3  | 8:14  | 0.6  | 5:55                                                                                | 8:23 |  |
| 16   | Mon | 2:26  | 3.6 | 3:05  | 3.8 | 8:34  | 0.4  | 9:11  | 0.7  | 5:55                                                                                | 8:22 |  |
| 17   | Tue | 3:19  | 3.4 | 4:01  | 3.9 | 9:20  | 0.5  | 10:08 | 0.8  | 5:56                                                                                | 8:22 |  |
| 18   | Wed | 4:14  | 3.3 | 4:53  | 4.1 | 10:07 | 0.6  | 11:03 | 0.8  | 5:57                                                                                | 8:21 |  |
| 19   | Thu | 5:06  | 3.3 | 5:42  | 4.3 | 10:55 | 0.5  | 11:55 | 0.7  | 5:58                                                                                | 8:21 |  |
| 20   | Fri | 5:56  | 3.3 | 6:28  | 4.5 | 11:43 | 0.5  |       |      | 5:58                                                                                | 8:20 |  |
| 21   | Sat | 6:42  | 3.5 | 7:12  | 4.7 | 12:42 | 0.6  | 12:29 | 0.3  | 5:59                                                                                | 8:19 |  |
| 22   | Sun | 7:27  | 3.6 | 7:55  | 4.9 | 1:25  | 0.5  | 1:14  | 0.2  | 6:00                                                                                | 8:19 |  |
| 23   | Mon | 8:11  | 3.8 | 8:38  | 5.1 | 2:06  | 0.4  | 1:57  | 0.1  | 6:01                                                                                | 8:18 |  |
| 24   | Tue | 8:55  | 3.9 | 9:20  | 5.1 | 2:47  | 0.3  | 2:40  | 0.1  | 6:01                                                                                | 8:17 |  |
| 25   | Wed | 9:39  | 4.0 | 10:03 | 5.2 | 3:27  | 0.2  | 3:24  | 0.0  | 6:02                                                                                | 8:16 |  |
| 26   | Thu | 10:22 | 4.1 | 10:45 | 5.1 | 4:09  | 0.1  | 4:09  | 0.0  | 6:03                                                                                | 8:16 |  |
| 27   | Fri | 11:07 | 4.2 | 11:29 | 5.0 | 4:51  | 0.1  | 4:57  | 0.1  | 6:04                                                                                | 8:15 |  |
| 28   | Sat | 11:54 | 4.3 |       |     | 5:36  | 0.1  | 5:49  | 0.2  | 6:05                                                                                | 8:14 |  |
| 29   | Sun | 12:14 | 4.7 | 12:45 | 4.4 | 6:23  | 0.1  | 6:46  | 0.3  | 6:05                                                                                | 8:13 |  |
| 30   | Mon | 1:04  | 4.4 | 1:39  | 4.5 | 7:13  | 0.1  | 7:46  | 0.4  | 6:06                                                                                | 8:12 |  |
| 31   | Tue | 1:58  | 4.1 | 2:39  | 4.6 | 8:06  | 0.1  | 8:49  | 0.4  | 6:07                                                                                | 8:11 |  |