

Sand Shoal Inlet, VA - Aug 2074

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:59	3.9	3:43	4.8	9:02	0.1	9:55	0.4	6:08	8:10	
2	Thu	4:02	3.7	4:46	4.9	10:00	0.0	11:01	0.3	6:09	8:09	
3	Fri	5:05	3.7	5:47	5.1	11:00	-0.1			6:10	8:08	
4	Sat	6:05	3.8	6:43	5.3	12:04	0.1	11:59 AM	-0.2	6:10	8:07	
5	Sun	7:02	3.9	7:37	5.4	1:02	0.0	12:56	-0.4	6:11	8:06	
6	Mon	7:55	4.0	8:28	5.4	1:54	-0.2	1:49	-0.4	6:12	8:05	
7	Tue	8:46	4.1	9:16	5.3	2:42	-0.2	2:39	-0.5	6:13	8:04	
8	Wed	9:34	4.2	10:02	5.1	3:26	-0.2	3:27	-0.4	6:14	8:03	
9	Thu	10:21	4.2	10:45	4.9	4:10	-0.2	4:15	-0.2	6:15	8:02	
10	Fri	11:07	4.2	11:28	4.6	4:52	0.0	5:02	0.0	6:15	8:01	
11	Sat	11:52	4.2			5:34	0.1	5:51	0.3	6:16	7:59	
12	Sun	12:11	4.2	12:37	4.1	6:17	0.3	6:41	0.5	6:17	7:58	
13	Mon	12:55	3.9	1:26	4.0	7:00	0.5	7:34	0.7	6:18	7:57	
14	Tue	1:43	3.6	2:18	4.0	7:45	0.6	8:28	0.9	6:19	7:56	
15	Wed	2:35	3.4	3:14	4.0	8:33	0.7	9:24	1.0	6:20	7:55	
16	Thu	3:31	3.3	4:11	4.1	9:23	0.8	10:21	1.0	6:20	7:53	
17	Fri	4:28	3.3	5:06	4.3	10:15	0.7	11:16	0.9	6:21	7:52	
18	Sat	5:21	3.4	5:56	4.5	11:08	0.6			6:22	7:51	
19	Sun	6:11	3.6	6:42	4.8	12:06	0.8	11:58 AM	0.5	6:23	7:49	
20	Mon	6:58	3.8	7:27	5.0	12:52	0.6	12:47	0.3	6:24	7:48	
21	Tue	7:43	4.1	8:11	5.2	1:35	0.4	1:33	0.1	6:25	7:47	
22	Wed	8:28	4.3	8:54	5.3	2:17	0.2	2:18	0.0	6:25	7:45	
23	Thu	9:12	4.6	9:37	5.3	2:58	0.1	3:04	-0.1	6:26	7:44	
24	Fri	9:58	4.8	10:21	5.2	3:39	0.0	3:51	-0.1	6:27	7:43	
25	Sat	10:44	4.9	11:06	5.0	4:22	-0.1	4:41	-0.1	6:28	7:41	
26	Sun	11:32	5.0	11:53	4.7	5:07	0.0	5:34	0.1	6:29	7:40	
27	Mon			12:23	5.0	5:55	0.0	6:31	0.2	6:30	7:38	
28	Tue	12:44	4.4	1:18	4.9	6:47	0.1	7:32	0.4	6:30	7:37	
29	Wed	1:39	4.0	2:19	4.9	7:43	0.2	8:37	0.5	6:31	7:36	
30	Thu	2:41	3.8	3:25	4.9	8:42	0.2	9:43	0.5	6:32	7:34	
31	Fri	3:49	3.6	4:32	4.9	9:44	0.2	10:50	0.4	6:33	7:33	