

Sand Shoal Inlet, VA - Jan 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:04	3.9	3:21	3.5	9:05	0.4	9:18	0.0	7:17	4:56	
2	Thu	4:00	4.3	4:18	3.5	10:07	0.2	10:11	-0.2	7:17	4:56	
3	Fri	4:55	4.7	5:13	3.6	11:07	0.0	11:06	-0.4	7:17	4:57	
4	Sat	5:49	5.1	6:07	3.7			12:04	-0.3	7:17	4:58	
5	Sun	6:42	5.4	7:01	3.8	12:00	-0.7	12:58	-0.5	7:17	4:59	
6	Mon	7:36	5.6	7:54	3.8	12:53	-0.9	1:51	-0.6	7:17	5:00	
7	Tue	8:29	5.6	8:48	3.9	1:46	-1.0	2:43	-0.7	7:17	5:01	
8	Wed	9:22	5.5	9:42	3.9	2:39	-1.0	3:34	-0.7	7:17	5:02	
9	Thu	10:14	5.2	10:36	3.8	3:33	-0.9	4:27	-0.6	7:17	5:03	
10	Fri	11:05	4.8	11:32	3.8	4:30	-0.7	5:20	-0.5	7:17	5:04	
11	Sat	11:58	4.4			5:29	-0.4	6:13	-0.4	7:16	5:05	
12	Sun	12:29	3.7	12:52	3.9	6:31	-0.2	7:06	-0.3	7:16	5:06	
13	Mon	1:31	3.7	1:49	3.4	7:35	0.0	7:58	-0.2	7:16	5:07	
14	Tue	2:34	3.7	2:49	3.1	8:41	0.2	8:50	-0.1	7:16	5:08	
15	Wed	3:36	3.7	3:47	2.9	9:47	0.3	9:42	0.0	7:15	5:09	
16	Thu	4:31	3.9	4:41	2.9	10:49	0.3	10:32	0.0	7:15	5:10	
17	Fri	5:20	4.0	5:28	2.9	11:42	0.2	11:19	-0.1	7:15	5:11	
18	Sat	6:04	4.1	6:12	2.9			12:26	0.2	7:14	5:12	
19	Sun	6:46	4.2	6:54	3.1	12:03	-0.1	1:04	0.1	7:14	5:13	
20	Mon	7:27	4.3	7:36	3.2	12:45	-0.2	1:40	0.1	7:13	5:14	
21	Tue	8:07	4.4	8:17	3.2	1:24	-0.2	2:15	0.1	7:13	5:15	
22	Wed	8:46	4.4	8:57	3.3	2:03	-0.2	2:51	0.1	7:12	5:16	
23	Thu	9:24	4.4	9:37	3.4	2:42	-0.2	3:28	0.1	7:12	5:17	
24	Fri	10:02	4.3	10:17	3.4	3:22	-0.1	4:05	0.1	7:11	5:18	
25	Sat	10:40	4.1	10:58	3.5	4:04	0.0	4:44	0.2	7:10	5:19	
26	Sun	11:19	3.9	11:42	3.5	4:49	0.1	5:24	0.2	7:10	5:20	
27	Mon			12:01	3.7	5:39	0.3	6:08	0.2	7:09	5:21	
28	Tue	12:31	3.6	12:49	3.5	6:34	0.3	6:55	0.2	7:08	5:22	
29	Wed	1:26	3.8	1:45	3.3	7:34	0.4	7:47	0.1	7:08	5:24	
30	Thu	2:27	4.0	2:46	3.2	8:37	0.3	8:43	0.0	7:07	5:25	
31	Fri	3:30	4.3	3:49	3.2	9:42	0.2	9:43	-0.2	7:06	5:26	