

Sand Shoal Inlet, VA - Mar 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:12	4.6	4:33	3.4	10:28	0.1	10:27	-0.4	6:32	5:57	
2	Mon	5:13	4.8	5:33	3.7	11:28	-0.2	11:29	-0.6	6:31	5:58	
3	Tue	6:10	5.0	6:28	4.0			12:23	-0.4	6:29	5:59	
4	Wed	7:04	5.2	7:22	4.3	12:26	-0.9	1:12	-0.6	6:28	6:00	
5	Thu	7:54	5.1	8:13	4.5	1:20	-1.0	1:59	-0.7	6:26	6:01	
6	Fri	8:43	5.0	9:02	4.6	2:12	-1.0	2:43	-0.7	6:25	6:02	
7	Sat	9:29	4.7	9:50	4.6	3:03	-0.9	3:28	-0.7	6:23	6:03	
8	Sun	11:15	4.3	11:37	4.5	4:53	-0.7	5:12	-0.5	7:22	7:04	
9	Mon			12:00	3.9	5:45	-0.4	5:58	-0.2	7:21	7:05	
10	Tue	12:25	4.3	12:46	3.5	6:39	-0.1	6:45	0.0	7:19	7:06	
11	Wed	1:15	4.0	1:36	3.1	7:34	0.2	7:35	0.2	7:18	7:07	
12	Thu	2:10	3.8	2:32	2.8	8:33	0.5	8:29	0.4	7:16	7:08	
13	Fri	3:11	3.7	3:33	2.7	9:34	0.6	9:26	0.5	7:15	7:09	
14	Sat	4:16	3.6	4:35	2.8	10:36	0.7	10:25	0.5	7:13	7:10	
15	Sun	5:16	3.7	5:30	2.9	11:34	0.7	11:21	0.4	7:12	7:11	
16	Mon	6:08	3.9	6:18	3.2			12:20	0.6	7:10	7:12	
17	Tue	6:52	4.1	7:02	3.5	12:11	0.2	12:59	0.4	7:09	7:12	
18	Wed	7:33	4.2	7:43	3.8	12:57	0.1	1:35	0.3	7:07	7:13	
19	Thu	8:12	4.4	8:24	4.0	1:39	-0.1	2:10	0.2	7:06	7:14	
20	Fri	8:50	4.4	9:03	4.2	2:19	-0.2	2:45	0.1	7:04	7:15	
21	Sat	9:28	4.4	9:43	4.4	3:00	-0.2	3:20	0.0	7:03	7:16	
22	Sun	10:06	4.3	10:23	4.6	3:40	-0.2	3:56	0.0	7:01	7:17	
23	Mon	10:45	4.2	11:04	4.6	4:23	-0.2	4:35	0.0	7:00	7:18	
24	Tue	11:26	3.9	11:48	4.6	5:09	-0.1	5:16	0.1	6:58	7:19	
25	Wed			12:11	3.7	6:00	0.1	6:03	0.1	6:57	7:20	
26	Thu	12:37	4.6	1:01	3.5	6:55	0.2	6:57	0.2	6:55	7:21	
27	Fri	1:33	4.5	1:59	3.3	7:56	0.3	7:57	0.2	6:54	7:21	
28	Sat	2:38	4.4	3:06	3.2	9:00	0.4	9:02	0.2	6:52	7:22	
29	Sun	3:47	4.5	4:15	3.3	10:06	0.3	10:09	0.0	6:51	7:23	
30	Mon	4:55	4.6	5:20	3.6	11:09	0.1	11:15	-0.2	6:49	7:24	
31	Tue	5:57	4.7	6:19	4.0			12:08	-0.1	6:48	7:25	