

Sand Shoal Inlet, VA - May 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:20	4.3	7:44	4.9	1:03	-0.3	1:18	-0.3	6:06	7:53	
2	Sat	8:07	4.2	8:29	5.0	1:55	-0.4	2:01	-0.4	6:05	7:54	
3	Sun	8:52	4.1	9:14	5.1	2:42	-0.4	2:42	-0.3	6:04	7:55	
4	Mon	9:36	3.9	9:57	5.0	3:27	-0.4	3:23	-0.2	6:03	7:56	
5	Tue	10:19	3.7	10:40	4.9	4:12	-0.2	4:04	-0.1	6:02	7:57	
6	Wed	11:03	3.5	11:24	4.7	4:56	0.0	4:46	0.2	6:01	7:57	
7	Thu	11:47	3.3			5:42	0.2	5:31	0.4	6:00	7:58	
8	Fri	12:09	4.4	12:33	3.2	6:30	0.5	6:20	0.6	5:59	7:59	
9	Sat	12:57	4.2	1:23	3.1	7:20	0.6	7:13	0.7	5:58	8:00	
10	Sun	1:50	4.0	2:18	3.1	8:11	0.8	8:08	0.8	5:57	8:01	
11	Mon	2:46	3.8	3:16	3.2	9:01	0.8	9:05	0.8	5:56	8:02	
12	Tue	3:43	3.8	4:13	3.4	9:50	0.8	10:02	0.8	5:55	8:03	
13	Wed	4:36	3.8	5:05	3.7	10:36	0.7	10:57	0.6	5:55	8:04	
14	Thu	5:26	3.9	5:52	4.1	11:21	0.5	11:50	0.5	5:54	8:04	
15	Fri	6:12	4.0	6:36	4.5			12:05	0.3	5:53	8:05	
16	Sat	6:56	4.1	7:20	4.9	12:40	0.2	12:47	0.1	5:52	8:06	
17	Sun	7:41	4.1	8:04	5.2	1:28	0.0	1:30	0.0	5:51	8:07	
18	Mon	8:26	4.1	8:49	5.4	2:14	-0.1	2:13	-0.1	5:51	8:08	
19	Tue	9:12	4.1	9:36	5.5	3:01	-0.2	2:58	-0.2	5:50	8:09	
20	Wed	10:00	4.0	10:25	5.5	3:50	-0.2	3:44	-0.2	5:49	8:09	
21	Thu	10:50	3.9	11:16	5.4	4:41	-0.2	4:35	-0.2	5:49	8:10	
22	Fri	11:42	3.8			5:35	-0.1	5:29	-0.1	5:48	8:11	
23	Sat	12:10	5.2	12:37	3.7	6:31	0.0	6:29	0.1	5:47	8:12	
24	Sun	1:07	4.9	1:38	3.6	7:30	0.1	7:33	0.2	5:47	8:13	
25	Mon	2:07	4.6	2:44	3.7	8:29	0.1	8:39	0.2	5:46	8:13	
26	Tue	3:11	4.4	3:51	3.9	9:26	0.1	9:46	0.2	5:46	8:14	
27	Wed	4:15	4.2	4:53	4.1	10:22	0.0	10:53	0.2	5:45	8:15	
28	Thu	5:13	4.0	5:49	4.4	11:14	-0.1	11:55	0.1	5:45	8:15	
29	Fri	6:07	3.9	6:38	4.7			12:03	-0.1	5:44	8:16	
30	Sat	6:56	3.8	7:24	4.9	12:51	0.0	12:49	-0.2	5:44	8:17	
31	Sun	7:42	3.7	8:08	5.0	1:41	-0.1	1:32	-0.2	5:44	8:18	