

Sand Shoal Inlet, VA - Jan 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:58	4.6	10:13	3.2	3:15	-0.4	4:13	-0.1	7:17	4:56	
2	Sun	10:42	4.3	10:59	3.2	4:02	-0.2	4:57	0.1	7:17	4:57	
3	Mon	11:25	4.0	11:47	3.2	4:51	0.0	5:41	0.2	7:17	4:58	
4	Tue			12:10	3.7	5:42	0.2	6:24	0.3	7:17	4:59	
5	Wed	12:37	3.2	12:57	3.4	6:35	0.4	7:07	0.4	7:17	4:59	
6	Thu	1:30	3.2	1:47	3.1	7:30	0.6	7:50	0.4	7:17	5:00	
7	Fri	2:26	3.4	2:40	3.0	8:27	0.6	8:36	0.4	7:17	5:01	
8	Sat	3:21	3.6	3:34	2.9	9:24	0.6	9:23	0.3	7:17	5:02	
9	Sun	4:12	3.8	4:26	2.9	10:21	0.6	10:12	0.2	7:17	5:03	
10	Mon	5:01	4.1	5:14	3.0	11:13	0.4	11:00	0.1	7:16	5:04	
11	Tue	5:48	4.4	6:01	3.1			12:02	0.3	7:16	5:05	
12	Wed	6:35	4.6	6:47	3.3			12:48	0.1	7:16	5:06	
13	Thu	7:20	4.9	7:34	3.4	12:35	-0.3	1:32	-0.1	7:16	5:07	
14	Fri	8:06	5.0	8:20	3.5	1:21	-0.5	2:16	-0.2	7:15	5:08	
15	Sat	8:52	5.1	9:07	3.6	2:07	-0.6	3:01	-0.3	7:15	5:09	
16	Sun	9:37	5.1	9:56	3.8	2:55	-0.6	3:46	-0.3	7:15	5:10	
17	Mon	10:24	4.9	10:45	3.8	3:45	-0.5	4:33	-0.3	7:14	5:11	
18	Tue	11:11	4.6	11:38	3.9	4:40	-0.4	5:21	-0.3	7:14	5:12	
19	Wed			12:01	4.2	5:38	-0.3	6:11	-0.3	7:14	5:13	
20	Thu	12:34	4.0	12:55	3.8	6:40	-0.1	7:04	-0.3	7:13	5:14	
21	Fri	1:36	4.1	1:54	3.4	7:45	0.0	7:58	-0.3	7:13	5:15	
22	Sat	2:40	4.1	2:58	3.1	8:53	0.1	8:55	-0.3	7:12	5:16	
23	Sun	3:46	4.3	4:02	3.0	10:03	0.1	9:55	-0.3	7:11	5:18	
24	Mon	4:47	4.4	5:02	3.0	11:09	0.0	10:54	-0.4	7:11	5:19	
25	Tue	5:44	4.5	5:57	3.0			12:07	-0.1	7:10	5:20	
26	Wed	6:37	4.6	6:48	3.1			12:58	-0.2	7:09	5:21	
27	Thu	7:25	4.6	7:36	3.2	12:41	-0.6	1:42	-0.2	7:09	5:22	
28	Fri	8:10	4.6	8:20	3.3	1:27	-0.6	2:23	-0.2	7:08	5:23	
29	Sat	8:53	4.5	9:04	3.4	2:12	-0.6	3:01	-0.2	7:07	5:24	
30	Sun	9:33	4.4	9:46	3.4	2:55	-0.5	3:39	-0.1	7:07	5:25	
31	Mon	10:12	4.1	10:27	3.5	3:37	-0.3	4:16	0.0	7:06	5:26	