

Sand Shoal Inlet, VA - Jul 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:54	4.6	1:26	4.0	7:09	0.2	7:24	0.4	5:46	8:27	
2	Sat	1:46	4.3	2:24	4.2	7:59	0.1	8:27	0.4	5:47	8:27	
3	Sun	2:43	4.1	3:25	4.4	8:50	0.1	9:32	0.3	5:47	8:27	
4	Mon	3:43	3.8	4:27	4.7	9:43	0.0	10:38	0.3	5:48	8:27	
5	Tue	4:44	3.7	5:26	5.0	10:39	-0.1	11:43	0.1	5:48	8:27	
6	Wed	5:44	3.6	6:22	5.3	11:35	-0.2			5:49	8:26	
7	Thu	6:40	3.6	7:17	5.4	12:44	0.0	12:31	-0.3	5:49	8:26	
8	Fri	7:35	3.6	8:11	5.5	1:40	-0.1	1:26	-0.4	5:50	8:26	
9	Sat	8:29	3.7	9:02	5.4	2:32	-0.2	2:18	-0.4	5:51	8:26	
10	Sun	9:20	3.7	9:52	5.3	3:21	-0.2	3:08	-0.4	5:51	8:25	
11	Mon	10:10	3.7	10:39	5.1	4:08	-0.1	3:58	-0.3	5:52	8:25	
12	Tue	10:58	3.7	11:25	4.8	4:54	0.0	4:47	-0.1	5:53	8:24	
13	Wed	11:46	3.7			5:39	0.1	5:37	0.2	5:53	8:24	
14	Thu	12:09	4.4	12:33	3.7	6:23	0.3	6:29	0.4	5:54	8:23	
15	Fri	12:53	4.1	1:22	3.7	7:06	0.4	7:23	0.6	5:55	8:23	
16	Sat	1:39	3.7	2:13	3.7	7:48	0.5	8:18	0.8	5:55	8:22	
17	Sun	2:28	3.4	3:07	3.8	8:31	0.6	9:14	0.9	5:56	8:22	
18	Mon	3:20	3.2	4:01	3.9	9:15	0.7	10:11	0.9	5:57	8:21	
19	Tue	4:15	3.1	4:54	4.1	10:02	0.7	11:07	0.9	5:58	8:21	
20	Wed	5:08	3.1	5:44	4.4	10:51	0.6			5:58	8:20	
21	Thu	5:58	3.2	6:31	4.6	12:00	0.8	11:41 AM	0.5	5:59	8:19	
22	Fri	6:46	3.3	7:17	4.8	12:49	0.7	12:30	0.4	6:00	8:19	
23	Sat	7:32	3.5	8:03	5.0	1:33	0.5	1:17	0.2	6:01	8:18	
24	Sun	8:17	3.7	8:47	5.2	2:16	0.4	2:03	0.1	6:01	8:17	
25	Mon	9:03	3.8	9:31	5.3	2:58	0.2	2:48	0.0	6:02	8:16	
26	Tue	9:49	4.0	10:15	5.3	3:40	0.1	3:34	-0.1	6:03	8:16	
27	Wed	10:35	4.1	10:59	5.2	4:22	0.1	4:22	-0.1	6:04	8:15	
28	Thu	11:22	4.3	11:44	4.9	5:06	0.0	5:14	0.0	6:05	8:14	
29	Fri			12:12	4.4	5:52	0.0	6:10	0.2	6:05	8:13	
30	Sat	12:31	4.6	1:04	4.5	6:39	0.0	7:10	0.3	6:06	8:12	
31	Sun	1:22	4.2	2:01	4.6	7:29	0.1	8:13	0.4	6:07	8:11	