

## Sand Shoal Inlet, VA - Oct 2078

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat | 5:17  | 3.5 | 5:51  | 4.7 | 11:01 | 0.5  |       |      | 6:59                                                                                | 6:46 |    |
| 2    | Sun | 6:11  | 3.8 | 6:39  | 4.7 | 12:07 | 0.5  | 12:01 | 0.4  | 6:59                                                                                | 6:44 |    |
| 3    | Mon | 6:57  | 4.0 | 7:21  | 4.6 | 12:50 | 0.4  | 12:52 | 0.3  | 7:00                                                                                | 6:43 |    |
| 4    | Tue | 7:37  | 4.3 | 7:58  | 4.6 | 1:27  | 0.3  | 1:36  | 0.2  | 7:01                                                                                | 6:41 |    |
| 5    | Wed | 8:15  | 4.5 | 8:35  | 4.5 | 2:00  | 0.3  | 2:17  | 0.2  | 7:02                                                                                | 6:40 |    |
| 6    | Thu | 8:52  | 4.7 | 9:12  | 4.4 | 2:32  | 0.3  | 2:56  | 0.2  | 7:03                                                                                | 6:38 |    |
| 7    | Fri | 9:30  | 4.8 | 9:49  | 4.2 | 3:04  | 0.3  | 3:34  | 0.3  | 7:04                                                                                | 6:37 |    |
| 8    | Sat | 10:08 | 4.8 | 10:27 | 4.0 | 3:36  | 0.4  | 4:13  | 0.4  | 7:05                                                                                | 6:35 |    |
| 9    | Sun | 10:47 | 4.8 | 11:05 | 3.8 | 4:11  | 0.5  | 4:53  | 0.6  | 7:06                                                                                | 6:34 |    |
| 10   | Mon | 11:27 | 4.7 | 11:45 | 3.6 | 4:47  | 0.7  | 5:37  | 0.8  | 7:07                                                                                | 6:32 |    |
| 11   | Tue |       |     | 12:10 | 4.5 | 5:27  | 0.8  | 6:25  | 1.0  | 7:07                                                                                | 6:31 |    |
| 12   | Wed | 12:29 | 3.4 | 12:58 | 4.4 | 6:13  | 1.0  | 7:18  | 1.1  | 7:08                                                                                | 6:30 |   |
| 13   | Thu | 1:18  | 3.2 | 1:53  | 4.3 | 7:06  | 1.0  | 8:15  | 1.2  | 7:09                                                                                | 6:28 |  |
| 14   | Fri | 2:16  | 3.2 | 2:54  | 4.3 | 8:04  | 1.0  | 9:13  | 1.1  | 7:10                                                                                | 6:27 |  |
| 15   | Sat | 3:20  | 3.3 | 3:55  | 4.5 | 9:06  | 0.9  | 10:09 | 1.0  | 7:11                                                                                | 6:25 |  |
| 16   | Sun | 4:22  | 3.6 | 4:53  | 4.7 | 10:08 | 0.8  | 11:01 | 0.7  | 7:12                                                                                | 6:24 |  |
| 17   | Mon | 5:18  | 4.0 | 5:45  | 4.9 | 11:08 | 0.5  | 11:50 | 0.4  | 7:13                                                                                | 6:23 |  |
| 18   | Tue | 6:10  | 4.5 | 6:34  | 5.0 |       |      | 12:06 | 0.2  | 7:14                                                                                | 6:21 |  |
| 19   | Wed | 6:59  | 5.0 | 7:23  | 5.1 | 12:37 | 0.1  | 1:00  | -0.1 | 7:15                                                                                | 6:20 |  |
| 20   | Thu | 7:47  | 5.5 | 8:11  | 5.0 | 1:22  | -0.2 | 1:53  | -0.3 | 7:16                                                                                | 6:19 |  |
| 21   | Fri | 8:36  | 5.8 | 8:59  | 4.9 | 2:06  | -0.4 | 2:45  | -0.4 | 7:17                                                                                | 6:17 |  |
| 22   | Sat | 9:26  | 6.0 | 9:48  | 4.6 | 2:51  | -0.5 | 3:37  | -0.4 | 7:18                                                                                | 6:16 |  |
| 23   | Sun | 10:17 | 6.0 | 10:39 | 4.3 | 3:38  | -0.4 | 4:31  | -0.3 | 7:19                                                                                | 6:15 |  |
| 24   | Mon | 11:09 | 5.8 | 11:31 | 4.0 | 4:27  | -0.3 | 5:27  | -0.1 | 7:20                                                                                | 6:14 |  |
| 25   | Tue |       |     | 12:04 | 5.5 | 5:21  | -0.1 | 6:28  | 0.2  | 7:21                                                                                | 6:12 |  |
| 26   | Wed | 12:27 | 3.7 | 1:03  | 5.1 | 6:19  | 0.1  | 7:33  | 0.4  | 7:22                                                                                | 6:11 |  |
| 27   | Thu | 1:28  | 3.4 | 2:08  | 4.8 | 7:23  | 0.4  | 8:40  | 0.5  | 7:23                                                                                | 6:10 |  |
| 28   | Fri | 2:38  | 3.3 | 3:19  | 4.5 | 8:31  | 0.5  | 9:45  | 0.6  | 7:24                                                                                | 6:09 |  |
| 29   | Sat | 3:54  | 3.4 | 4:27  | 4.3 | 9:39  | 0.6  | 10:44 | 0.6  | 7:25                                                                                | 6:08 |  |
| 30   | Sun | 5:00  | 3.6 | 5:24  | 4.2 | 10:45 | 0.5  | 11:34 | 0.5  | 7:26                                                                                | 6:07 |  |
| 31   | Mon | 5:52  | 3.8 | 6:10  | 4.2 | 11:44 | 0.5  |       |      | 7:27                                                                                | 6:06 |  |