

Sand Shoal Inlet, VA - Jan 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:33	4.4	6:44	3.1			12:50	0.3	7:17	4:56	
2	Mon	7:15	4.5	7:26	3.2	12:30	0.0	1:29	0.2	7:17	4:57	
3	Tue	7:57	4.6	8:08	3.2	1:11	-0.1	2:07	0.2	7:17	4:58	
4	Wed	8:39	4.7	8:50	3.3	1:52	-0.2	2:47	0.1	7:17	4:58	
5	Thu	9:19	4.7	9:33	3.3	2:33	-0.2	3:27	0.1	7:17	4:59	
6	Fri	10:00	4.6	10:16	3.4	3:16	-0.1	4:09	0.1	7:17	5:00	
7	Sat	10:41	4.5	11:02	3.5	4:02	-0.1	4:52	0.1	7:17	5:01	
8	Sun	11:25	4.3	11:51	3.6	4:52	0.0	5:37	0.0	7:17	5:02	
9	Mon			12:12	4.0	5:48	0.1	6:24	0.0	7:17	5:03	
10	Tue	12:46	3.8	1:05	3.7	6:49	0.2	7:14	-0.1	7:16	5:04	
11	Wed	1:45	4.0	2:04	3.4	7:53	0.2	8:07	-0.1	7:16	5:05	
12	Thu	2:49	4.2	3:07	3.3	9:00	0.1	9:04	-0.2	7:16	5:06	
13	Fri	3:52	4.5	4:10	3.2	10:07	0.0	10:03	-0.4	7:16	5:07	
14	Sat	4:53	4.8	5:10	3.2	11:13	-0.1	11:02	-0.6	7:16	5:08	
15	Sun	5:51	5.0	6:07	3.3			12:13	-0.3	7:15	5:09	
16	Mon	6:47	5.1	7:02	3.4	12:00	-0.7	1:07	-0.4	7:15	5:10	
17	Tue	7:41	5.2	7:55	3.5	12:55	-0.9	1:57	-0.5	7:14	5:11	
18	Wed	8:32	5.1	8:46	3.6	1:47	-0.9	2:45	-0.5	7:14	5:12	
19	Thu	9:20	4.9	9:35	3.6	2:37	-0.8	3:30	-0.5	7:14	5:13	
20	Fri	10:05	4.6	10:23	3.6	3:27	-0.7	4:15	-0.4	7:13	5:14	
21	Sat	10:49	4.3	11:10	3.5	4:17	-0.4	4:59	-0.2	7:13	5:15	
22	Sun	11:33	3.8	11:58	3.5	5:09	-0.2	5:42	-0.1	7:12	5:16	
23	Mon			12:17	3.4	6:02	0.1	6:26	0.1	7:12	5:17	
24	Tue	12:49	3.4	1:05	3.1	6:57	0.3	7:10	0.2	7:11	5:18	
25	Wed	1:43	3.4	1:57	2.8	7:53	0.5	7:56	0.3	7:10	5:19	
26	Thu	2:40	3.5	2:54	2.7	8:52	0.6	8:45	0.4	7:10	5:21	
27	Fri	3:38	3.6	3:50	2.6	9:53	0.6	9:37	0.3	7:09	5:22	
28	Sat	4:32	3.7	4:43	2.7	10:49	0.6	10:29	0.2	7:08	5:23	
29	Sun	5:22	4.0	5:31	2.9	11:39	0.5	11:19	0.1	7:07	5:24	
30	Mon	6:08	4.2	6:17	3.0			12:23	0.3	7:07	5:25	
31	Tue	6:52	4.4	7:01	3.2	12:05	-0.1	1:03	0.2	7:06	5:26	