

Sand Shoal Inlet, VA - Mar 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:23	4.4	6:34	3.6			12:30	0.2	6:33	5:57	
2	Thu	7:06	4.7	7:18	3.9	12:26	-0.3	1:09	0.0	6:32	5:58	
3	Fri	7:48	4.8	8:02	4.2	1:12	-0.4	1:48	-0.2	6:30	5:59	
4	Sat	8:30	4.8	8:46	4.5	1:57	-0.6	2:27	-0.3	6:29	6:00	
5	Sun	9:12	4.6	9:31	4.7	2:43	-0.6	3:07	-0.4	6:27	6:00	
6	Mon	9:55	4.4	10:17	4.8	3:32	-0.5	3:50	-0.4	6:26	6:01	
7	Tue	10:40	4.1	11:07	4.7	4:24	-0.4	4:35	-0.3	6:24	6:02	
8	Wed	11:29	3.7			5:20	-0.2	5:25	-0.2	6:23	6:03	
9	Thu	12:01	4.6	12:22	3.3	6:20	0.0	6:21	-0.1	6:22	6:04	
10	Fri	1:02	4.5	1:25	3.0	7:26	0.2	7:23	0.0	6:20	6:05	
11	Sat	2:11	4.3	2:35	2.9	8:35	0.3	8:29	0.0	6:19	6:06	
12	Sun	4:24	4.3	4:47	3.0	10:46	0.3	10:38	0.0	7:17	7:07	
13	Mon	5:33	4.3	5:52	3.2	11:52	0.2	11:44	-0.2	7:16	7:08	
14	Tue	6:33	4.4	6:48	3.5			12:47	0.0	7:14	7:09	
15	Wed	7:23	4.5	7:37	3.7	12:43	-0.3	1:33	-0.1	7:13	7:10	
16	Thu	8:08	4.5	8:21	4.0	1:35	-0.5	2:13	-0.2	7:11	7:11	
17	Fri	8:50	4.4	9:03	4.2	2:21	-0.5	2:49	-0.3	7:10	7:12	
18	Sat	9:29	4.3	9:43	4.3	3:05	-0.5	3:24	-0.2	7:08	7:13	
19	Sun	10:07	4.1	10:23	4.4	3:46	-0.4	3:58	-0.1	7:07	7:14	
20	Mon	10:45	3.8	11:02	4.3	4:27	-0.2	4:34	0.0	7:05	7:15	
21	Tue	11:23	3.6	11:42	4.2	5:09	0.0	5:10	0.2	7:04	7:15	
22	Wed			12:03	3.3	5:53	0.2	5:50	0.4	7:02	7:16	
23	Thu	12:25	4.0	12:45	3.1	6:39	0.5	6:33	0.5	7:01	7:17	
24	Fri	1:12	3.9	1:33	2.9	7:30	0.7	7:23	0.7	6:59	7:18	
25	Sat	2:07	3.7	2:28	2.8	8:25	0.9	8:19	0.7	6:58	7:19	
26	Sun	3:09	3.7	3:30	2.8	9:24	0.9	9:18	0.7	6:56	7:20	
27	Mon	4:12	3.8	4:31	3.0	10:22	0.9	10:18	0.6	6:55	7:21	
28	Tue	5:10	4.0	5:27	3.3	11:17	0.7	11:16	0.4	6:53	7:22	
29	Wed	6:01	4.2	6:17	3.7			12:05	0.5	6:52	7:23	
30	Thu	6:48	4.5	7:04	4.1	12:10	0.1	12:50	0.2	6:50	7:24	
31	Fri	7:32	4.6	7:49	4.5	1:01	-0.2	1:32	-0.1	6:49	7:24	