

Sand Shoal Inlet, VA - Aug 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:53	4.2			5:36	-0.1	5:51	0.1	6:08	8:10	
2	Wed	12:13	4.4	12:41	4.2	6:20	0.1	6:46	0.3	6:09	8:09	
3	Thu	12:59	3.9	1:32	4.1	7:05	0.3	7:43	0.6	6:09	8:08	
4	Fri	1:47	3.5	2:25	4.1	7:50	0.5	8:41	0.8	6:10	8:07	
5	Sat	2:39	3.2	3:22	4.0	8:37	0.6	9:42	0.9	6:11	8:06	
6	Sun	3:36	3.0	4:20	4.1	9:27	0.7	10:43	1.0	6:12	8:05	
7	Mon	4:35	3.0	5:16	4.2	10:19	0.7	11:40	0.9	6:13	8:04	
8	Tue	5:29	3.1	6:06	4.4	11:12	0.7			6:14	8:03	
9	Wed	6:18	3.2	6:53	4.6	12:30	0.9	12:03	0.6	6:14	8:02	
10	Thu	7:04	3.4	7:36	4.8	1:12	0.7	12:50	0.4	6:15	8:01	
11	Fri	7:47	3.6	8:18	4.9	1:50	0.6	1:34	0.3	6:16	8:00	
12	Sat	8:30	3.8	8:58	5.0	2:27	0.5	2:16	0.2	6:17	7:58	
13	Sun	9:12	4.0	9:37	5.0	3:03	0.4	2:58	0.1	6:18	7:57	
14	Mon	9:53	4.2	10:16	5.0	3:39	0.3	3:41	0.1	6:19	7:56	
15	Tue	10:35	4.4	10:55	4.8	4:16	0.2	4:26	0.2	6:19	7:55	
16	Wed	11:18	4.5	11:36	4.6	4:55	0.2	5:14	0.3	6:20	7:54	
17	Thu			12:03	4.7	5:36	0.2	6:06	0.4	6:21	7:52	
18	Fri	12:20	4.2	12:53	4.7	6:21	0.3	7:04	0.5	6:22	7:51	
19	Sat	1:09	3.9	1:48	4.8	7:11	0.3	8:06	0.6	6:23	7:50	
20	Sun	2:06	3.6	2:51	4.8	8:06	0.3	9:12	0.7	6:24	7:48	
21	Mon	3:11	3.4	3:59	4.9	9:07	0.3	10:20	0.6	6:24	7:47	
22	Tue	4:19	3.4	5:06	5.1	10:11	0.2	11:28	0.5	6:25	7:46	
23	Wed	5:25	3.5	6:08	5.2	11:16	0.1			6:26	7:44	
24	Thu	6:26	3.7	7:05	5.4	12:29	0.3	12:18	-0.1	6:27	7:43	
25	Fri	7:22	4.0	7:57	5.4	1:23	0.1	1:16	-0.3	6:28	7:42	
26	Sat	8:14	4.2	8:46	5.4	2:10	0.0	2:09	-0.4	6:29	7:40	
27	Sun	9:03	4.5	9:31	5.2	2:54	-0.1	2:59	-0.4	6:29	7:39	
28	Mon	9:50	4.6	10:15	4.9	3:35	-0.1	3:47	-0.2	6:30	7:37	
29	Tue	10:35	4.7	10:57	4.6	4:15	-0.1	4:35	0.0	6:31	7:36	
30	Wed	11:19	4.6	11:38	4.2	4:55	0.1	5:23	0.2	6:32	7:34	
31	Thu			12:03	4.5	5:35	0.3	6:13	0.5	6:33	7:33	